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#### 19<sup>th</sup> March 2021

**Primary Phase** 

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Weekly Newsletter

All Through School

## **Dear Trinitarians**

As we move through Lent towards Holy Week remembering Jesus' fasting in the desert and his final days on earth, we look forward to the resurrection of Jesus and the joy this brings. As we look towards the most important Christian festival, Easter, we start to think about new beginnings, fresh starts and the opportunities to awake from the winter slumber and look to more positive times ahead. Covid has caused the world to enter a difficult period, but it does feel like we are at a turning point, one where soon we will be able to embrace those we love. It is vital that we keep following the guidance by the government so that when we do come completely out of lock down we never have to enter it again. Let us all start to think about our lives moving forward and how we can regain control of our own destinations. This week in school we have talked a lot about the hope of the resurrection and new beginnings.

We have had a very successful week. We had another group of pupils start a university challenge project, pupils restart their feedback with school council and pupils were preparing for a Nation Wide Maths Challenge. Next week we have a Personal Development Day in the secondary phase, where pupils are exploring personal health, looking at practical home skills and for year 11 they will be continuing to provide evidence for their centre assessed grades. All year 11 families should have received a letter highlighting exactly the program to the end of the school year for year 11 to ensure we are transparent in what will be used to grade the pupils this academic year.

Please can we remind parents that pupils should not arrive at school too early, as they should arrive to come straight into the building and return home immediately after the end of the day? We are still in National Lockdown and need to follow these rules for the safety of the whole community. The road map gives us clear indications when we will be moving back to normal routines. Over Easter the Department for Education will review its Risk Assessment and inform schools of any changes as we move forward. Thank you for your patience.

Have a great weekend.

## DAVID LUCAS

Executive Headteacher Trinity Church of England School, Lewisham An All-Through School 020 88523191 www.trinitylewisham.org REMINDER – CHANGES TO TERM MONDAY 19<sup>TH</sup> APRIL 2021 IS BACK TO SCHOOL DAY <u>NOT</u> AN INSET DAY

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Dear Trinity families,

What a great Friday we had this week. It was fantastic seeing the whole school dressed in red to raise money for Comic Relief. Not only that, but we also had a silly poem competition between classes during whole school worship. The eventual winner was 2G with their poem about Mr Tooth but every poem put a smile on our faces. Well done everyone!

Next week is Science week here at Trinity. Miss Stevenson, our science lead, has organised lots of great learning across all the classes. We will kick off the week with a Science assembly where Miss Stevenson will model some great science experiments. Check out the blog next week to see the learning take place.

Just a small reminder that masks are not allowed for pupils in the primary phase. This is in line with government guidance. Thank you to everyone who is supporting our community to remain safe.

As ever, I wish you the very best of weekends, full of rest and fun, ready for learning on Monday.

Head of School, Primary Trinity All Through School

## COMIC RELIEF 2021

A big thank you to everyone who wore red for a pound this Friday.

https://trinityprimarylewisham.blogspot.com/2021/03/comic-relief-2021.html

## THE DIGESTIVE SYSTEM

The children have been learning all about the human digestive system.

https://trinityprimarylewisham.blogspot.com/2021/03/year-4s-magnificent-model-of-digestive.html

## YEAR 4 - COMPARING THE CLIMATES OF THE UK AND JAMAICA

It came as no real surprise that Kingston has much warmer weather and far sunnier days!

https://trinityprimarylewisham.blogspot.com/2021/03/year-4-comparing-climates-of-uk-and.html

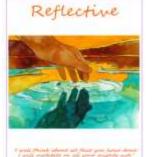






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Reflective, is our new theme at Trinity in these final 3 weeks of this term. This week at the primary site we reflected on who we are, 6J challenged everyone to look in the mirror, and reflect on who we all are to think about who we look like and what we are like as children of God and terrific Trinitarians. You can also try this weekend, at home as a family, to look in the mirror and try and think of something positive that cannot be seen in a mirror, but something that is reflected in others. For example it might be, 'I'm helpful or, 'I make people laugh.'

St Paul, whose letters are in the second half of the Bible, wrote that in our lives, we see things 'in a mirror dimly'. Mirrors in those days were not as good as mirrors today and produced an image that was not very clear. St Paul was talking about not seeing clearly what God is saying and doing. However, his words can be applied to our lives. When we look at ourselves in a mirror, we see what we want to see - what's on the surface - not what the mirror really reflects back to us, which is a person of individuality and uniqueness.

In the same passage, St Paul said that one day, we would see clearly. I hope that, when you look in the mirror in the mornings, you don't just focus on what you can see on the outside. Instead, take a look at what you are like on the inside: your positive, good qualities, such as your ability to make others laugh, or qualities that make you a good friend, sister or brother, daughter or son.

In our **#livelent** campaign this week we focused on sharing the story, you can see the challenges below for the weekend, on Tuesday the focus was on the coming of the Holy Spirit and it was great to hear how many people have been looking at how their family or church has links with Christians oversees.



<u>Tuesday 23<sup>rd</sup> March -9:30am</u> Parent Prayer Meeting on Zoom

Join Zoom Meeting https://zoom.us/j/99260369092?pw d=UDZJYjJSTCsrOHJRT1VoWDdsNWt kdz09 Meeting ID: 992 6036 9092 Passcode: 3uUB9M

|                         | Week 4: Sharing the Story |                 |   |
|-------------------------|---------------------------|-----------------|---|
| Waeleand<br>20-21 March | Hever Alone               | Matthew 2636-20 | Draw round your hand. On the pairn with "Janus said". On the fingen<br>write "I am with you always" - one word on each finger. Neep the han<br>by your bed as a reminder that whatever happens or however you fee |

School is so much more than a place of learning - the community of support, structures and boundaries create an important **sense of safety and belonging** for children- and indeed for many, school is where they feel most safe in the world. The start of another school year can be anxiety-provoking for students at the best of times, but the normal back-to-school nerves are likely to be a lot more acute this year due to the coronavirus pandemic. Teachers will be faced with the daunting task of having to support students transition back to face-to-face learning, whilst at the same time managing their own adjustment and stress.

With anxieties still high for many, creating an environment that promotes safety and sense of belonging is going to be crucial as schools reopen and this should be afforded the same attention as catching up academically. Whilst some pupils will welcome the return to structure and familiarity of a typical school day, others may benefit from a more empathetic and measured approach.

# Communication

Given how unpredictable the world is right now, the importance of open, honest communication can not be underestimated. **"When we are faced with uncertainty, it is natural for us to seek out information from a range of sources to meet our need for clarification,"** says Dr. Green. Students may feel nervous or anxious about returning to school and need reassuring to help them feel that it is a safe environment. **"As teachers, it is important that your pupils (and parents) feel able to ask questions and have some confidence that your responses are accurate and honest, based on the knowledge that you have."** 

Be prepared for difficult questions but if there's a question that you can't answer, that's ok! "Don't worry too much about having all the answers and solutions....transparency and candidness (with age appropriate language!) goes a long way and will promote that all important sense of safety."

### Importance of Creating a Trauma-Sensitive Space

For a number of young people, the impact of this pandemic will have been devastating. Some will have experienced the premature loss of a parent or loved one and many will have ongoing worries about the health risks within their families - particularly those from known vulnerable groups such as ethnic minorities. **"The impact of parental unemployment on young people cannot be underestimated; whether a reality or a possible future consequence, this threatens their human needs at the most basic and fundamental level in terms of having sufficient food and shelter that most of us take for granted," explains Dr. Lynne Green, Chief Clinical Officer, at Kooth. <b>"For those living in households where there is abuse and/or neglect (including through parental substance misuse), the loss of the school environment has been so much more than a loss of education and social connections."** 

We know that trauma in childhood can have both immediate and long-term negative consequences on development at all levels (eg social, emotional, cognitive, physical). "In short, those who have experienced trauma tend to become much more sensitive to threat, resulting in anxious responses being triggered over time by less and less stress," says Dr Lynne Green "Teachers are in a fantastic position to create more positive experiences for young people to help counter the long term risks.....and to create an environment that does not just foster learning, but creates a sense of safety."

# **Getting the basics right**

The school experience is likely to be very different for returning pupils - e.g. socially distanced classrooms, new playground rules, staggered break times and forward-facing desks. "Ensuring that the new boundaries are clear and in line with local and national guidance plus having support in place to better enable their effective implementation, will create a sense of confidence not only in your pupils but also amongst your staff, parents and the wider community," says Dr. Green.

As you begin to adjust to the **'new normal'**, it's important to remember that there is no one-size-fits-all approach. Boundaries and systems are crucial but flexibility has never been so important as it is right now given the levels of uncertainty we are facing.

"By building in some flexibility to the rules, you will be teaching your pupils a lifelong skill of being able to bend and adapt when faced with challenges," explains Dr. Green. "When managed within an overarching environment of consistency and open (age appropriate) communication, a flexible approach will feel responsive for your pupils and this will further promote a sense of safety."



2021 YEAR 7 – 10 TRIP TO BELGIUM & HOLLAND

DATES 12<sup>TH</sup> TO 15<sup>TH</sup> JULY 2021

# **BOOK NOW!**

The unveiling of England's lockdown exit plan has got many people excited about international trips.

The earliest date people from England will be able to travel abroad for a holiday is 17<sup>th</sup> May, when the country moves in to step three of its lockdown exit plan. That's if the government is satisfied the four tests are being met.

As 25 parents have already paid, we have been discussing with the travel agency the different options we have to avoid any loss of payments and the one we are most satisfied with is the following:

Paying the full amount will mean that if UK government advice or any of the three countries we need to travel to (France, Belgium and Holland) are against international travel we would receive a full refund. If we were not to meet the payment deadlines we would be in breach of contract, losing all payments made. The travel agency will contact us regarding cancellations 7-14 days before departure date.

# The deadline for paying the full balance is Friday 23<sup>rd</sup> of April.

The trip is confirmed and it will be during our Trinity activities week, therefore, students won't miss any lessons. The departure date is Monday 12th July returning Thursday 15th July 2021 (4 day tour with 3 nights' accommodation).

The Gasthof T'Zweerd and A&O Amsterdam Zuidoost are confirmed for our accommodation in Belgium and Holland respectively.

The total cost for the trip is still £450.00. The full balance should be paid by Friday 23<sup>rd</sup> of April 2021.

We only have few places available and they will be allocated on a first come first served basis. As mentioned above, if travel restrictions are in place you will receive A FULL REFUND. The itinerary is as follow:

### INCLUSIONS

- 2 nights full board including packed lunches in hotel in the Ypres area (The Gasthof T'Zweerd)
- 1 night dinner bed and breakfast in hostel in Amsterdam (A&O Amsterdam Zuid Oost)
- Guide for 1/2 day in Flanders
- Guide for 1 day in the Somme
- Flanders visits: Tyne Cot, Langemark, Lijssenthoek.
- Somme visits: Thiepval, Sunken Lanem Newfoundland Park, Ulster Tower, Lochnagar Crater





- Entry to Ajax Stadium in Amsterdam
- 1 hour canal boat trip in Amsterdam
- Entry to Efteling Theme Park
- Insurance



Contact Mr J Cruz - j.cruz@trinity.lewisham.sch.uk

"Some people want it to happen, some wish it would happen, others make it happen"

### **Michael Jordan**

# **COMPETITION:** The Big

A competition run in conjunction with TfL as part of the STARS programme. STARS: Sustainable Travel: Active, Responsible, Safe.

Our world has changed in many ways in the last year. Previously, Londoners made 3.6 million journeys by motorized transport that could be walked, at least in part.

Air pollution halved during the first day of lockdown in March 2020 proving the impact emissions from vehicles can have on the environment. Since then, many people have discovered the joys of walking and cycling, seeing their local areas in a new light

Will you be changing your journeys to reflect this? Will you be reshaping your choices to support sustainable travel? Can you encourage others to make changes?

#### The competition

For this competition, we want you to get creative and make something that shows how you can make **big changes** to how you travel to help improve the quality of the environment or your life.

You can choose any form, such as:

- Art: such as a poster, sculpture of collage
- Film: short film or animation\* note we can't accept films including identifiable close-ups of individuals including yourself
- Writing: such as a poem or short story

As young people, your message can be extremely powerful for other people your age. We want to hear your own message in your own unique way.



This competition is open to all London school children and there are four categories:

- Under 7s
- 8-10
- 11-14
- 15-18

The competition opens on 8 March and closes on 5 May.

### Prizes

There will be four winners –one from each category. The top entries from each age group will win a gift bundle from the London Transport Museum shop worth £75. All winners and 2 runners up from each category will be displayed in our online gallery.

For more information and to enter The Big Change competition please go to the following web address:

#### https://www.ltmuseum.co.uk/stars/big-change







Visit: https://www.bl.uk/womens-rights





To download the activity pack, visit: <u>https://www.npg.org.uk/learning/digital/</u>



Download an activity pack from the **National Portrait Gallery** exploring photographic portraits. In this pack, artist *Marysa Dowling* has designed a series of fun activities

(some short, some longer) to engage children and families with portraits included in the *Taylor Wessing Photographic Portrait Prize 2020.* 

*F*ind out how portraits can tell stories, express feelings, and explore relationships and be inspired by the photographs to make your own artworks. Get creative and respond to the portraits by drawing, writing, taking photographs and role playing! You can do the activities on your own or with family members.

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The London Transport Museum has launched The Big Change Competition. Get creative and make something that shows how you can make big changes to how you travel to help improve the quality of the environment or your life. Choose any form, for example *Art, Film or Writing*. The competition is open to all London school children and there are 4 age categories: *Under 7s, 8-10, 11-14 & 15-18*. Closing date is May 5<sup>th</sup>.

As young people, your message can be extremely powerful for other people your age. The London Transport Museum wants to hear your own message in your own unique way.

For more information. visit: https://www.ltmuseum.co.uk/stars/big-change

# **Trinity House Day**



**Primary and Secondary School Event** 

We are delighted to announce the **Trinity House Day** on the last day of term, **Wednesday 31<sup>st</sup> March**. <u>Students and members of staff will be required to wear their house colours</u> and donate <u>£1</u> for the House local charities.

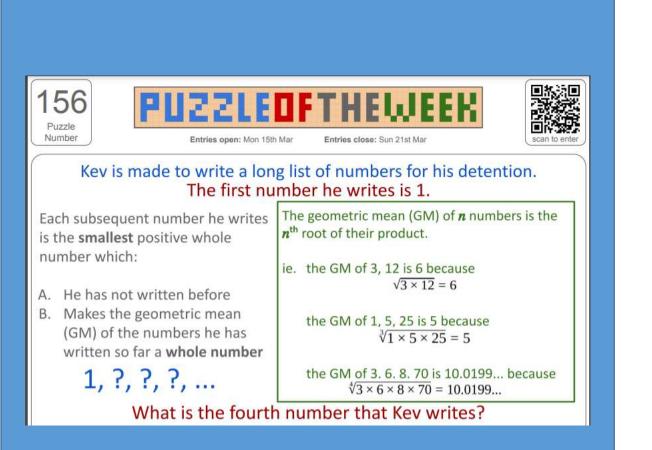
The charities and colours for each House can be located below, there will be a competition regarding how much money each House will raise and also number of students/staff wearing their House colours. It can be a t-shirt, a jumper, shoes, bracelets and other items.

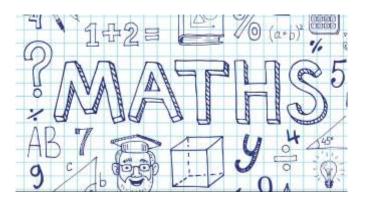
We are also delighted to announce that **Trinity Primary** will also join us in this good cause.

Donations will be collected at school entrance.

|         | Local Charities        | House Colour |
|---------|------------------------|--------------|
| Gabriel | Youth First            | Blue         |
| Michael | Smart Choices          | Yellow       |
| Raphael | Feed The Hill          | Green        |
| Zadkiel | Jimmy Mizen Foundation | Purple       |

# YOUR MARVELLOUS MATHS WEEKLY ROUND-UP





# Episode 20

### Marjorie Lee Browne

Biography of the 20<sup>th</sup> century mathematician who was one of the first African-American women to earn a PhD in Mathematics in the United States.

https://soundcloud.com/damien-adams-662584563/episode-20-marjorie-lee-browne

## SPOTLIGHT ON ....



This podcast is an effort to promote visibility of women in mathematics Hi

We need you! Get involved on Wednesday 31st March and wear blue for team Gabriel. Don't forget your £1. Let's be the best and wear blue for YouthFirst!

YouthFirst provide Lewisham's young people with safe places to go, fun things to do and learn, help, support and early intervention from professional and passionate youth workers.

### Ms Williams – Head of Gabriel

**Zadkiel** are delighted to be supporting The Mizen Foundation as their local charity. The charity was formed by the Mizen family following the murder of their son Jimmy on Burnt Ash Hill in May 2008. Since his murder his parents have worked tirelessly visiting local schools, community groups, churches, workplaces and prisons to promote the need to work cohesively with the community to change negative behaviour. This fantastic charity recognise that young people respond best when they are part of any decisions affecting their lives. The Mizen Foundation was chosen by Zadkiel as it reflects the Trinity characteristics: insightful, independent, resilient, knowledgeable, caring, principled, courageous, open minded and reflective.

Mrs Ashdown – Head of Zadkiel

The charity has been established in 2009, it is designed to empower the most at-risk children and young people to make **SMART CHOICES.** 

Imagine a world where youth violence is greatly reduced because vulnerable young people recognise that the choices they make and the decisions they take not only has a long lasting effect on their lives, but also impacts the lives of others. **Breaking the cycle of youth violence should concern every one of us.** Michael House aims to help children and young people to do just that.

#### Ms Betancort – Head of Michael

Green is the colour of money and Raphael House are passionate about raising funds to donate to local initiatives in the community - support your TEAM and wear GREEN! Help us raise money for Feed the Hill, a local food bank in Lewisham. Food boxes are delivered for free to households that are housebound or self-isolating so the money you donate will help support families all over Lewisham. Support your team and wear green on the last day of term along with a £1 donation - Let's see how much Raphael house can raise for Feed the Hill!

Ms Bowen-Evans – Head of Raphael





SMART

CHOICES

# TOGETHER WE CAN MAKE A DIFFERENCE

