



Trinity Church of England Sports Funding

Sports Provision for Trinity Primary school 2021-2022

Sports funding allocation 2021-2022 - £ 16,192

### **DfE Vision Statement**

**ALL** pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

### **5 Key Indicators**

- The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.
- The profile of PE and sport being raised across the school as a tool for whole school improvement.
- Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- Broader experience of a range of sports and activities offered to all pupils.
- Increased participation in competitive sport.

### **Trinity Rational**

Trinity Primary has set out the intention to ensure: all children have a healthy, active lifestyle; all children have the opportunity to be involved in compensative physical activities both in and out of school; all children have the opportunities to try a variety of sports and activities.

This academic year Trinity overhauled the Sport and Activity offer to all children in KS1 & KS2. Traditionally PE was taught by a sports coaching company, supported by some practitioners.

In order to ensure our curriculum has the greatest impact we want to ensure all children have a life-long love of sport and healthy activities. Using a sports coach we only have one model for the children of a person with a life-long love of “learning” sport. To combat this and follow the Trinity top down model of learning we are moving on with our PE provision to ensure all children are taught PE by Trinity staff members.

Staff were surveyed on their confidence levels in teaching PE and the sports/activities they feel the most secure in delivering. A PE curriculum was then put together to ensure all children engaged in:

movement, balance and agility activities; grew in confidence as an individual competitor; collaborative games to improve their communication and team-work skills; sharing their personal expression.

6 topics were chosen to support the objectives from the national curriculum which then break down activities/sports which build on skills year-on-year.

These topics are: Gymnastics, Team Sports, Yoga, Multi-skills, Athletics and Dance.

Gymnastics is taught in KS1 and year 3 by class teacher(s). In year 4, 5 and 6 children use the Secondary school facilities and are taught trampolining by PE specialists. Flexibility and agility continue to be taught via Yoga, which also supports the student's mental health and well-being through breathing and meditation.

Team and Individual sports (or multi-sports) are taught to encourage competitiveness. Children need to develop problem solving skills which are supported through these games. Children master movements such as running, throwing, catching and jumping in athletics.

In Y1-3 children build skills in ball handling, fielding, hitting and catching in order to participate in individual sports. In Y4-6 children learn how to play handball, tennis and badminton. Different team sports are taught yearly including hockey, cricket, rugby, volleyball, netball and football.

Trinity believes that all children need to opportunity to express themselves through movement. Each class has 6 weeks of dance; building skills year-on-year.

2021/2022 Timetable

	1A	1B	2A	2B	3A	3B
<b>Term 1</b>	Yoga Dancing	Yoga Dancing	Multi-skills	Team Sports	Gymnastics	Athletics
<b>Term 2</b>	Yoga Dancing	Yoga Dancing	Team Sports	Multi-skills	Athletics	Gymnastics
<b>Term 3</b>	Gymnastics	Athletics	Yoga Dancing	Yoga Dancing	Multi-skills	Team Sports
<b>Term 4</b>	Athletics	Gymnastics	Yoga Dancing	Yoga Dancing	Team Sports	Multi-skills
<b>Term 5</b>	Multi-skills	Team Sports	Gymnastics	Athletics	Yoga Dancing	Yoga Dancing
<b>Term 6</b>	Team Sports	Multi-skills	Athletics	Gymnastics	Yoga Dancing	Yoga Dancing

	4A	4B	5A	5B	6A	6B
Term 1	Yoga Dancing	Yoga Dancing	Individual Sports	Team Sports	Trampolining	Athletics
Term 2	Yoga Dancing	Yoga Dancing	Team Sports	Individual Sports	Athletics	Trampolining
Term 3	Trampolining	Athletics	Yoga Dancing	Yoga Dancing	Individual Sports	Team Sports
Term 4	Athletics	Trampolining	Yoga Dancing	Yoga Dancing	Team Sports	Individual Sports
Term 5	Individual Sports	Team Sports	Trampolining	Athletics	Yoga Dancing	Yoga Dancing
Term 6	Team Sports	Individual Sports	Athletics	Trampolining	Yoga Dancing	Yoga Dancing

In addition to the PE sessions, after school activities and intermural sporting events are also organised by members of the Trinity team.

As well as these a further emphasis has been placed on activities over lunch and playtimes. Mid-day meal supervisors have been trained on organising and playing games with children. Trinity believes this places further importance on the active lifestyles we want our children to lead. Trinity's Prefect team (a group of 12 junior leaders) take an active role in leading 15 minutes of each lunch play, modelling healthy, outdoor activities for children. They also take on the role of peer-mentoring during lunch and play times, supporting the wider community of their peers.

Below is an overview of the money spent with Sports Funding this academic year. Due to the changes made in direction of PE provision, further spending was required of the school.

#### PE & Sport Premium Received:

	What	Why	Cost	Outcomes
1	Yoga instructor	To support the mental health and well-being of all our children in KS1 & KS2 Trinity has secured the services of a certified Yoga instructor. Our yoga instructor team teaches Yoga with a member of the Mental Health & Well-being team as well as a member of staff. This provides Trinity with capacity and up-skills a member of staff. We look to improve the "soft" PE skills of our children – breathing, stretching,	£9,750	

		<p>balance, etc. as well as their ability to reflect and process stress.</p> <p><i>Broader experience of a range of sports and activities offered to all pupils</i>  <i>Increased confidence, knowledge and skills of all staff in teaching PE and sport</i>  <i>The profile of PESSPA being raised across the school as a tool for whole school improvement</i></p>		
2	Swimming	<p>As part of the KS2 curriculum children participate in swimming lessons.  To catch up (due to COVID) 2 year groups are taking 2 intensive weeks of swimming.  Autumn – Year 6  Summer – Year 5</p> <p><i>Increased participation in competitive sport</i>  <i>Broader experience of a range of sports and activities offered to all pupils</i></p>	£6,000	
3	FA certified coach	<p>Trinity hired a FA certified coach to lead Football and team sports for PE sessions (KS1 &amp; KS2) as well as 2 after school clubs a week.</p> <p>This coach team teaches, up skilling our staff and providing expert quality sessions for all children in KS1 &amp; KS2.</p> <p><i>Increased participation in competitive sport</i>  <i>Broader experience of a range of sports and activities offered to all pupils</i>  <i>Increased confidence, knowledge and skills of all staff in teaching PE and sport</i>  <i>The profile of PESSPA being raised across the school as a tool for whole school improvement</i></p>	£3,000	
4	Secondary Transition	<p>Trinity Secondary provide weekly trampolining sessions, led by 2 qualified PE teachers. This is to support transition between KS2 and KS3 as part of the all-through school.</p>	£8,000	

		<i>Broader experience of a range of sports and activities offered to all pupils The profile of PESSPA being raised across the school as a tool for whole school improvement</i>		
6	Equipment	<p>PE equipment replenished to support the new PE model – all teachers taking PE sessions.</p> <p>New equipment bought to enhance offer – badminton, tennis, volleyball, rugby – as well as topping up old equipment</p> <p><i>Increased confidence, knowledge and skills of all staff in teaching PE and sport The profile of PESSPA being raised across the school as a tool for whole school improvement</i></p>	£2,500	
7	Leadership Development	<p>Junior Leaders are taking whole school activities once per day, looking at mental health and personal fitness.</p> <p>Development of whole school engagement in physical activities, increased awareness of the members of the Junior Leadership team, who also serve as mental health and wellbeing ambassadors for all members of the school.</p> <p><i>The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school</i></p>	£0	
	<b>TOTAL</b>		<b>£29,250</b>	

Next steps:

LEARNING • LOVING • LIVING