

# Personal Development Week 2020

Please see below the list of activities being planned for Personal Development week this year which is from the 6<sup>th</sup> to the 10<sup>th</sup> of July 2020. There are a variety of activities which cover a range of price points. Pupils will choose the group they wish to be part of for that week and will partake in all activities as planned by that group.

In order to help with your financial planning, please see below the options to choose from. Please discuss with your child what they wish to do. If they wish to be involved in an activity that requires payment, then this will be ready for you to start paying into on Parent Pay in order to secure their place.

Please note that numbers for certain activities are limited and the prices listed below are a guide at this stage. You will receive further information from the staff member organizing the trip as we move forward. Please note that any activity that is not financially viable, because of lack of numbers, may be cancelled. The information below is an outline and will be subject to some changes.

Activity Name	Description	Cost
<b>London Cultural Tour Remix</b>	<b>Day 1- The City Tour:</b> Fenchurch St- Sky Garden,White Chapel Gallery,Shoreditch <b>Day 2- SW Tour:</b> South Kensington, V&A Museum, Natural History Museum, Kensington Garden <b>Day 3- South Bank Tour:</b> Borough Market, Southbank, Waterloo <b>Day 4- Camden Tour:</b> Camden Market , Kings Cross, Granary Square, British Library	Free
<b>Add It Up</b>	Learn how Maths works in the world around us. Find out about the world of Aviation by considering the science behind it. Design a sustainable aircraft and get the opportunity to use a flight simulator. Learn about the contribution women have had in maths and science through the film Hidden figures and look at maths in Art. Consider the world of work and finance through a trip to the Bank of England museum and take part in the Secondary Challenge Competition. End your week with an orienteering and outdoor cooking challenge.	£7-£10
<b>Healthy Active Lifestyle Week</b>	Come and learn about how you can improve the health of your body and mind in our action packed week of activities in PE and Art. The week will involve a range of activities that focus on improving physical and mental health and wellbeing. Examples include preparing and cooking nutritious meals; science experiments that look at the nutrients in the food we eat; first aid and CPR training; creative art therapies; fitness challenges and pilates. We will then end the week with a trip into Central London where we will compete in teams in a STEP challenge, to cover the most amount of ground and see all of London's favourite attractions.	£14
<b>Science of Life</b>	Focusing on our care of the environment, pupils will take a trip to the coast to take part in a beach clean, take a trip to a forest to do some ecology work, visit exhibitions at the science museum and consider how they as young people can contribute towards caring for the world we live in.	£50
<b>English</b>	Enjoy the Clip and Climb experience climbing wall as well as a day at Go Ape where you can enjoy Zip wires and high swings, team building and communication games and activities. Mix this with some English culture for an enjoyable week.	£40
<b>Kingswood</b>	Staying at Grosvenor Hall in Kennington, Ashford, pupils will have the opportunity to build relationships and develop social skills. Pupils will be able to experience a huge range of activities such as orienteering, outdoor team building games, sports and country walks within a friendly and secure environment.	£180
<b>Italy</b>	The Geography department will be running a trip to Sorrento and the Bay of Naples. The trip will be an unforgettable opportunity for students to experience Geography first-hand, supporting their classroom learning and bringing the Geography to life.	£780
<b>Paris</b>	Performing Arts are arranging a trip to Paris. Pupils will be immersed in French culture and visit key sites such as the Eiffel Tour and The Sacre Coeur. Pupils will have the opportunity to practice their French, experience French cuisine and finish off the trip with a day at Disneyland Paris.	£380
<b>Holland</b>	A four-day trip to Holland for up to 40 Year 7-10 students. The trip will run from <u>Monday 6<sup>th</sup> – Thursday 9<sup>th</sup> July 2020</u> . The aim of the trip is to give your child a combination of history (World War 1) knowledge and leisure. Pupils will visit landmarks in Belgium from this important period for Great Britain. We will also visit Amsterdam which includes visiting the Ajax FC stadium, experience a canal cruise and on the last day a visit to the impressive Efteling Theme Park.	£450
<b>Taize Year 10 only</b>	<b>Taizé</b> is an international and interdenominational monastery in eastern France (Burgundy) founded in 1940. A stay at Taizé helps young people mature in a safe but challenging environment. On this trip year 10 pupils will experience participation in a community life where each person is free to be who they are. It is accessible to those who do not think of themselves as being religious, as well as to those of other faiths. Visiting groups usually include non-Christian young people. Each day includes small international discussion groups, reflection in a larger group led by a brother of the Community, some practical activity and prayer with the monastic community.	£275