

HOW TO USE MY KNOWLEDGE ORGANISER



The timetable shows the **subjects** you should be studying and the days that you should be studying them. You should **complete your work in** your exercise book.

Each evening you should draw a straight line (using a ruler), under the previous day's work, and write the date, clearly at the top. You need to bring your KO and exercise book with you to school EVERYDAY.

The **KO** work that you have completed for the week will be checked in Family Group time **EVERY** Friday. If homework is not of an appropriate standard or amount will result in an after school detention. Knowledge tests will also be used frequently in lessons.

<u>SUBJECT HOMEWORK</u>

Students will also be **given** additional subject homework to be completed throughout the week and/or can use FREE online revision tools such as <u>www.senecalearning.com</u>

It is also recommended that students regularly **READ** a variety of fiction and non fiction books that they choose for pleasure. This extra reading will help to develop and broaden their general knowledge.

In **ENGLISH** all students will be expected to complete 1-2 reading assignments each week by accessing <u>www.CommonLit.org</u>. Each assignment will take 20-30 minutes and students will be required to answer multiple choice questions to check their understanding of what they have read.

In **MATHS** students are expected to watch short explanation videos and complete activities on the online platform of <u>https://mathswatch.co.uk</u>. Students can log in using the details and password they use to log in to the school computers.

<u>HOMEWORK TIMETABLE</u>

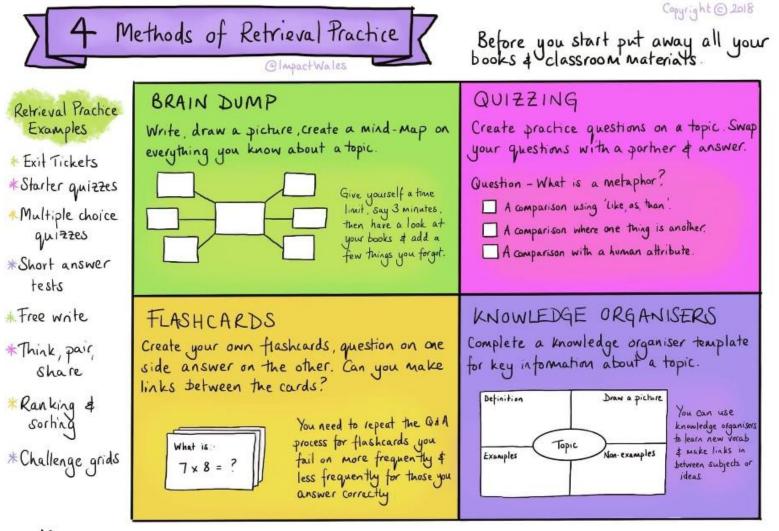
You should spend at least 1 hour per night on homework = 3 subjects x 20 minutes per subject

| Year 8 | Subject 1 | Subject 2 | Subject 3 |
|-----------|-----------|---------------------|-----------|
| Monday | Maths | History | PE |
| Tuesday | English | Geography | ICT |
| Wednesday | Maths | Religious Education | English |
| Thursday | English | Science | Creative |
| Friday | Maths | Languages | Drama |

<u>RETRIEVAL ACTIVITY IDEAS</u>

Knowledge organisers are for learning and mastering the knowledge in each subject. There are many different ways you can do this,

however some **PROVEN** methods to try in your work book are:



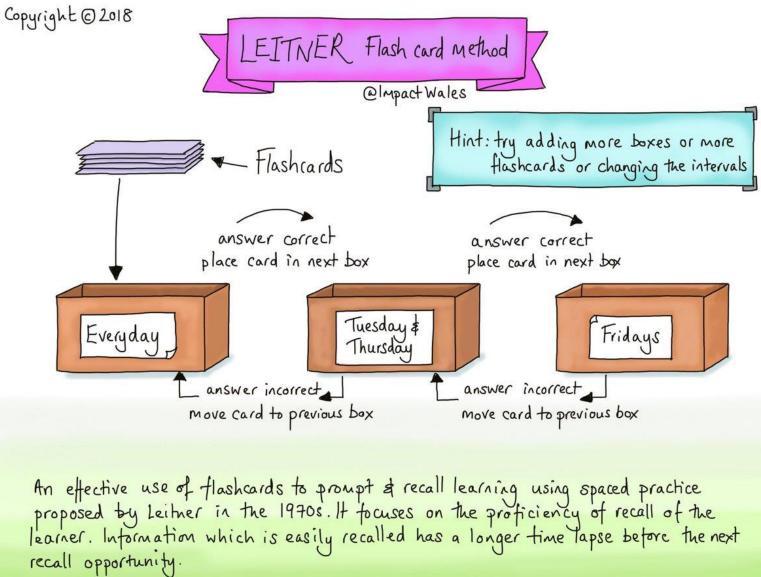
After you have retrieved as much as you can go back to your books of check what you've missed. Next time focus on that missing information

ARNING - LOVING - LIVING

USING FLASH CARDS SUCCESSFULLY

LEARNING - LOVING - LIVING

Once flash cards are created, you will need to use them correctly to have an impact. Follow the method below for the best knowledge retention



<u>YEAR & — MICHAELMAS TERM- ENGLISH — JULIUS CAESAR</u>



| 16 th Century Elizabethan London | | | | Plot of Shakespeare's Julius Caesar | | | | |
|---|-------------|-------------------------|---|---|--|---|--|--|
| 1 | 1558 | Elizabeth becom | es monarch and Queen of England. | 20 | Act 1.1 | A soothsayer warns Caesar to beware the Ides of March | | |
| 2 | 1564 | William Shakesp | eare is born. | 21 | Act 1.2 | Cassius persuades Brutus to plot against Caesar. | | |
| 3 | 1593 | Playwright Chris | topher Marlowe is killed in a pub brawl in London. | 22 | Act 1.3 | The conspirators plot to assassinate Caesar | | |
| 4 | 1599 | | lius Caesar is the first play performed at the | 23 | Act 2.1 | Calpurnia dreams Caesar's murder and convinces him to stay home | | |
| | | Globe. | | 24 | Act 2.2 | Decius persuades Caesar to come to the Capitol | | |
| 5 | 1603 | Queen Elizabeth | I dies aged 70. | 25 | Act 2.3 | The conspirators assassinate Caesar and announce his death. | | |
| Chara | acters in S | hakespeare's Juli | us Caesar | 26 | Act 3.1 | Brutus persuades the crowd that Caesar had to die for his ambition. | | |
| 6 | Caesa | nr Dictator wh | o ignores the soothsayer's and his wife's warnings. | 27 | Act 3.2 | Antony incites the mob to violence with Caesar's cloak, body and will. | | |
| 7 | Cassi | us Conspirator | influencing others to plot Caesar's assassination. | 28 | Act 3.3 | Cinna, the poet is ripped apart by the mob because of his name. | | |
| 8 | Brutu | s Conspirator | influenced by honour and Roman republicanism. | 29 | Act 4.1 | Brutus and Cassius argue about bribery and justice. | | |
| 9 | Anto | ny Caesar's ger | neral who incites the mob against the plotters. | 30 | Act 4.2 | Brutus sees Caesar's spirit the night before the battle of Phillipi | | |
| 10 | Deciu | s Conspirator | who convinces Caesar to come to the Capitol. | 31 | Act 5.1 | Cassius and Brutus lose the battle to Antony and commit suicide. | | |
| 11 | | | al wife who dreams of his murder and warns him. | Theatrical Stagecraft: Dramatic Devices | | | | |
| | nia | | | | - | | | |
| 12 | Portia | Brutus' wife | . She wants her husband to confide in her. | 32 | Tragedy | A play that ends with the death of the protagonist. | | |
| 13 | Casca | Conspirator | who strikes the first blow in Caesar's murder. | 33 | Dramatic Irony | ny The audience knows what the characters don't. | | |
| 14 | Cinna | | who announces Caesar's assassination. | 34 | Stage | Instructions for the actors | | |
| Voca | bulary | | | | directions | | | |
| 15 | Conspir | ators | Plotters who conspire to assassinate Caesar. | 35 | Monologue | a long speech by an actor | | |
| 16 | Suicide | | Considered a sin by Elizabethans, noble by | 36 | Irony A gap between appearance or expectation and reality. | | | |
| | 0410140 | | Ancient Romans. | 37 | Soliloquy | a device often used in drama when a character speaks to himself or herself | | |
| 17 | Regicide | 2 | Killing a monarch, usually a king | | | | | |
| 18 | Tyranni | nicide Killing a tyrant | | 38 | Pathetic Fallacy | The weather represents the characters' mind-sets. | | |
| 19 | Colossu | 5 | The Colossus at Rhodes, a statue of a god astride Rhodes harbor. | 39 | Dramatic Monologue | A speech in which the speaker inadvertently reveals aspects of their character while describing a particular situation or event. 4 | | |

<u>YEAR & — MICHAELMAS TERM- ENGLISH — ROMANTIC POETRY</u>



| | Term | Definition | | Term | Definition |
|----|-------------------------------|--|----|-------------------------------|--|
| 1 | Plosive | .'b', 'p', 't', and 'd' sounds - which can be harsh, aggressive or shocking | 17 | Elegy | A sad poem, usually written to praise and express sorrow for someone who is dead. |
| 2 | Hyperbole Hyperbolic (adj) | Exaggeration | 18 | Epic | A long, narrative poem that is usually about heroic deeds and events |
| 3 | Blank verse | Poetry written in non-rhyming ten syllable lines | 19 | Lyric | A poem which expresses personal emotions or feelings, |
| 4 | Couplet | A pair of rhyming lines which follow on from each other. | 20 | Narrative Poem | A poem which tells the story of an event |
| 5 | Chiasmus | Reversal of ideas in a sentence: "Fair is foul, foul is fair." | 21 | Ode | A formal poem written to celebrate a person, place, object or idea. |
| 6 | Free verse | Non-rhyming, non-rhythmical poetry which follow the rhythm of natural speech. | 23 | Sonnet | A fourteen line poem, with a regular rhythm and varied rhyme scheme, usually about love. |
| 7 | iamb | A pair of syllables in which the second is stressed and the first is unstressed. | 24 | Romantics | Thought that feelings or emotions should be prized over logic and reason |
| 8 | Pentameter | Five pairs of syllables per line. | 25 | Romantics | Thought society corrupted children who were born pure and innocent |
| 9 | Tetrometer | Four pairs of syllables per line of poetry | 26 | Romantics | Thought that the urban, industrialsed world was corrupt |
| 10 | Trimeter | Three pairs of syllables per line. | 27 | Romantic Literature | challenged rigid social, religious and political traditions |
| 11 | Trochee Trochaic | A pair of syllables in which the first is stressed and the second unstressed (opposite of an iamb). | 28 | Romantic Period | End of 18 th Century until middle of 19 th Century. |
| 12 | Volta | A turning point in the line of thought or argument in the poem | 30 | The Sublime | Nature's duality: awe-inspiring yet terrifying |
| 13 | Quatrain | A four line stanza | 31 | William Blake | Wrote 'Songs of Innocence and Experience'. |
| 14 | Apostrophe | Speaking to an object or to someone who is not present or dead | 32 | Samuel Taylor Coleridge | poems include 'Kubla Khan' and 'The Rime of the Ancient Mariner'. |
| 15 | metonymy | Referring to something by using a word connected to it. E.g. A suit=businessman. | 33 | Percy Bysshe Shelley | His works include, 'Ozymandias' and 'Masque of Anarchy'. Married to Mary Shelley who wrote Frankenstein |
| 16 | Dramatic monologue | A poem in which an imagined speaker addresses the reader. | 34 | William Wordsworth | His most famous poems include, 'The Prelude', and 'Composed Upon Westminster Bridge'. |

<u>YEAR & — MICHAELMAS TERM- ENGLISH — VOCABULARY</u>



| Juliu | s Caesar | | Roma | ntic Poetry | |
|-------|---|---|------|--------------------------------------|---|
| | Word | Definition | | Word | Definition |
| 1 | Dismiss (v) dismissive (adj) | Showing that something is unworthy of consideration | 16 | Sedition (n) | Rebelling against the government |
| 2 | Colonialism (n) Colonial (adj | Where one country takes, occupies and rules another | 17 | Credible (adj) Credibility (n) | How believable something is |
| 3 | Vague (adj) | Uncertain, not specific or precise | 18 | Oratory (n) Orator (n) | Public speaking |
| 4 | The commonwealth | A group of countries, Most used to be in the British Empire | 19 | Rouse (v) Rousing (adj) | Exciting and inspiring (of a speech) |
| 5 | Indifferent (adj) Indifference (n) | Unconcerned, not caring, having no opinion. | 20 | Antithesis (n) Antithetical (adj) | Opposites |
| 6 | Plight (n) | A difficult or horrible situation | 21 | Domineer (v) Domineering (adj) | Assert your will in an arrogant way. Bossy |
| 7 | Authoritarian (adj) Authoritarianism (n) | Strict, bossy, expecting obedience | 22 | Patriotism (n) Patriotic (adj) | A love for your country |
| 8 | Mundane (adj) | Boring, lacking interest, dull | 23 | Implore (v) | To beg desperately for something |
| 9 | Denounce (v) Denunciation (n) | A public statement that something is wrong | 24 | Subtle (adj) Subtlety (n) | Using soft or indirect methods to do something |
| 10 | Berate (v) | To scold or criticise angrily | 25 | Defer (v) Deferential (adj) | Showing polite respect to someone powerful |
| 11 | Scathing (adj) | Severely and strongly critical | 26 | Undermine (v) | To lessen the effectiveness or power of something, to go against someone's power |
| 12 | Apartheid (n) | Racial segregation in South Africa | 27 | Futile (adj) Futility (n) | Pointless or useless |
| 13 | Oppress (v) Oppression (n) | The exercise of power in a cruel or unfair manner | 28 | Allude (v) Allusion (n) | Suggest or hint at something |
| 14 | Disparity (n) Disparate (adj) | A great difference | 30 | Resent (v) Resentment(n) | Feeling bitter towards something |
| 15 | Deprive (v) Deprivation (v) | Lacking the basics in life | 31 | Contempt (n) Contemptuous (adj) | A feeling that something is worthless |

<u>YEAR & — MICHAELMAS TERM — MATHEMATICS - FRACTIONS AND ALGEBRA</u>



| Important Ideas | | Year 8 Maths M1 – Fra | _ | MathsWatch Refere | nces | |
|--|--|---|--|---|---|--|
| Prime factor trees | Start with any number – but if it is | Questions | Answers | N30a-N31b | Prime numbers, factors and multiples | |
| | even, start with 2! | Estimation | | N45a-N45b | Standard form | |
| Remember, when we carry out calculations with | (c., 10 ²) (0., 10 ¹¹) | Estimate the value of: | 400 | 83 | Operations with standard form | |
| standard form, we need | $= 48 \times 10^{14}$ | 37.9×50.2 | | 48, 49, 50, 148, 182 | Transformations | |
| to ensure our answer is in standard form | = 4.8 x 10 ¹⁵ | 2.1+2.98 | | | | |
| To remember the order | of operations, we use: | Standard form | | Key Facts & Formul | a | |
| B rackets | | (8.4 x 10 ⁻¹) x (9.3 x 10 ⁻²) | 7.812 x 10 ⁻³ | Standard form | $a \ge 10^{b}$ where $1 \le a < 10$ Used to write very small or very large numbers For large numbers, <i>b</i> is positive, | |
| I ndices D ivision | | Transformations | (2) | | For small numbers, b is negative | |
| M ultiplication | | A point (3,5) is translated to (1,6). What was the | (-2 1) | Multiplying with | (a x 10 ^b) x (c x 10 ^d) = ac x 10 ^{b+d} | |
| A ddition S ubtraction | | translation vector? | | standard form | (a x 10 ⁻) x (c x 10 ⁻) – ac x 10 | |
| Remember, + and – are just calculated from left to right | | BIDMAS $3 + 5 \times 7 - 8 =$ | 30 | Dividing with standard form | $\frac{a \times 10^{b}}{c \times 10^{d}} = \frac{a}{c} \times 10^{b-d}$ | |
| | An integer that divides into our number | Reflection Every point in the image is the same distance | P | Rotation Rotation turns a shape around | d a fixed | |
| Multiples | An integer in our number's times table | from the mirror line as the original shape. | | point called the centre of rotat | | |
| Prime | A number with exactly 2 factors: 1 and itself | The line joining a point on the original shape to the same point on the image is | Mirror line | 3 parts of a rotation • the centre of rotation | | |
| | Performing simple calculations in our head to help us see if a complex calculation is correct | perpendicular to the mirror line. A reflection creates a congruent image | | the angle of rotation the direction of rotation | | |
| | When we flip a shape over a given mirror line | | Mirror image Q' | A Rotation creates a congruent | Centre of rotation | |
| Rotation | When a shape is turned around a given point | Translation A translation moves a shape up, down or from side to side and creates a congruent image. | 5 G F 4 4 | Enlargement Enlarging a shape changes its s | size | |
| Translation | When a shape is moved by a given vector | Column vectors are used to describe translation | | 2 parts of an enlargement • the scale factor | | |
| Enlargomont | When a shape is made bigger or smaller by a given scale factor | $\begin{pmatrix} 4\\ -3 \end{pmatrix}$ means translate the shape 4 squares to the right and 3 squares down. | 4 4 3 2 4 9 1 2 3 4 6 2 G 2 P 3 3 (-3) | the centre of enlargement Fractional SF reduces the shape Negative SF inverts the shape | e 🎽 | |
| Plans and Elevations | 2D representations of 3D shapes | $\binom{-2}{l}$ means translate the shape 2 squares to the left and 1 square up. | D'E' (-6) | An enlargement creates a simil | ilar shape ABC has been enlarged by sf 3 about O. | |
| | | | | | | |



| Vocabulary | | QUESTION | | ANSWER | | KEY FACTS AN | ID FORMULA |
|--------------------|--|------------------------------------|---------------------------------|---|------------------------------------|---------------------------------|---|
| Variable | (or an <u>unknown)</u> is a letter used to represent a number, these can take any values | | | Plan Side | | | Simplify the following 1) $x + x + x + x + x = 5x$ 2) $5e - 2e + e = 4e$ |
| Terms | the separate parts of expressions. For example, in $5x + 3y - 4$, there are three terms $5x$, $+3y$ and -4 | Side | Front elevation | Front |] | Simplifying | 3) 4x + 2y - x + 5y + 6 = 3x + 7y + 6 4) 3x2 + 5x + 2x2 - 4x = 5x2 + x 5) 5 x 4g = 20g 6) 3b x 4c = 12bc |
| Expressions | is made up numbers and/or letters representing unknown values where there is no equals symbol. For example, 4a + 6 or a + b | Probability | | : : : : | | | Evaluate 3a ² when a = 5 |
| Equations | contains an 'equals' sign and at least one variable. A value can be found for the variable and this is known as solving the equation | Sample Space:_ | | 2 marbles total are 12 marbles total (4+5+1+2 | 2 = 12) | Substitution | 3 x 5 ² = 3 x 25 = 75 (Don't forget BIDMAS!) |
| Formula | is a special type of equation which is a rule for working things out such as area | P(black) P(blue) | | P(black) = 2 = 1 12 6 P(blue) = 4 = 1 There are 2 black marbles 12 is your sample space P(blue) = 4 = 1 12 is your sample space | | Expanding Brackets single | 1) Expand 2(3m + 5) = <u>6m + 10</u> |
| Probability | The likelihood/chance of something happening It is expressed as a number between 0 (impossible) and 1 (certain). It can be expressed as a fraction, decimal, | P(blue of P(not gre P(not pu | en) | P(blue or black) = 6 = 1 4 blue + 2 black = 6 P(blue or black) = 6 = 1 4 blue + 2 black = 6 P(notgreen) = 11 There's 1 green, so 12-1 12 12 is your sample space P(notpurple) = 1 I will definitely select am purple because there are no in the bag. Whenever the something occurring is d probability is 1. | e no purple marbles e chance of | brackets Probabilty scale | 2) Expand $4r(2r - 3)$ $= 8r^2 - 12r$ Impossible Unlikely Even Chance Likely Certain |
| | percentage or in words (likely, unlikely, even chance etc.) | MathsWatch References | | | | Scale | |
| Plan | The view you see when looking at a 3D shape directly from above 'a bird's eye view' | 14 58,59 | Probability so Calculating p | robabilities and outcome | | | Probability = #of ways a certain outcome can occur |
| Front elevation | The view you see when looking directly at the front of a 3d shape | 43,44 51 | Solids, nets Plans and ele | vations | | Calculating probability | Total Possible Outcomes (Sample Space) |
| Side elevation | The view you see when looking directly at the side of a 3d shape | 33-35,93- 95 | Algebraic exp | pressions | | | |

<u>YEAR & — MICHAELMAS TERM — SCIENCE — ELECTRICITY</u>

Charge & static electricity

Electric charges are positive or negative. For example, electrons have a negative charge. Opposite charges attract each other (+ and -), whereas charges that are alike repel each other (+ and +, OR -and -). This is because there is a force of attraction between opposite charges, but a force of repulsion between like charges.

•If a material has a charge, but the charge is not moving anywhere, we call this static electricity. This will only happen if the material is an insulator. To get a positive or negative charge on an insulator, all you have to do is rub it with a different material (use the force of friction).

•For example: rubbing a balloon on your hair will produce a charge on the balloon and the opposite charge on your hair. This causes them to attract each other.

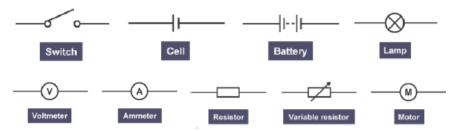
•When a static charge is produced like this, it is because electrons from one material are transferred to the other material (see first diagram).

- •The material that gains electrons becomes more negative.
- •The material that loses electrons becomes more positive.

•Any time there is a difference in electric charge between two points, there is a difference in electrical potential energy. We call this a potential difference.

Key TermsDefinitionsCircuitA complete loop of conductorsCurrentThe rate of flow of chargeResistanceThe property of materials that determines how much
current they will carry and how much work they do

WorkTransfer of energy from one store to anotherComponentPart of a circuit. See symbols belowSeriesLinking components one after another, making one loopParallelLinking components so they are in separate loops



In a circuit with only **one loop**, so all components are in **series**, the potential difference from the supply is **shared** by all the components.

If a circuit includes components on different loops (in **parallel**), each loop receives ALL the potential difference from the supply. The parallel components don't have to share.



Key Terms Definitions

| Charge | A positive or negative property of substances, that causes the substance to feel a force when there are other charges nearby |
|------------------------|--|
| Conductor Insulator | Material that can carry electric current e.g. metals Material that does NOT conduct electric current |
| Friction | The force caused when two materials move past each other |
| Potential difference | p.d. for short, and also known as voltage. This is the measure of the difference in electrical potential energy between two points |
| Static electricity | Electric charges that are not flowing |
| Electrons | Tiny, negatively charged, particles, found in all atoms |
| Resistance | The property of materials that determines how much current they will carry and how much work they do |

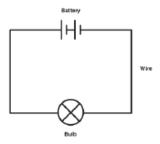
If there is a charge on materials that are **conductors** (like metals), the charge is able to flow. The rate (speed) of flow of the charged particles is the current. Current is measured in amps (A). Usually the flowing charged particles are **electrons**.

Charges flowing around a loop is called a **circuit**. Three ingredients are needed in a circuit:

1. Conductors connected in a loop for the current to flow through

 A source of potential difference, like a battery. This causes a difference in electric potential energy between each end of the circuit.

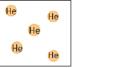
3. Components (like lamps) with resistance.

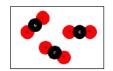


The greater the resistance in a circuit, the lower the current in the circuit. The greater the resistance of a component, the more **work** it will do.

Pure Substances

A substance is pure if it only has one type of particle in it e.g. just helium atoms or just carbon dioxide molecules.





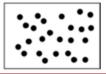
Impure Substances

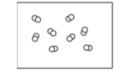
Impure materials are mixtures of different types of particle (covered more in Topic 7).



Elements

- · Elements are substances made up of one type of atom.
- All 118 elements are found listed in the Periodic Table.
- The atoms in an element can either be single, or go around in pairs. It doesn't matter, as long as the atoms are the same.
- · Elements that go around in pairs are called diatomic elements.





Mixtures

A mixture contains different elements or compounds that are not chemically joined to each other. There are three types of mixture:

1. A mixture of elements



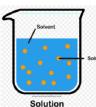




| Definitions | | |
|---|--|--|
| A substance made up of different elements or compounds that are not chemically bonded to each other | | |
| The substance that dissolves into the solvent | | |
| The liquid that the solute dissolves into | | |
| The solute dissolved in the solvent | | |
| How easily a substance dissolves | | |
| The substance dissolves into a solvent | | |
| The substance does not dissolve into a solvent | | |
| | | |

Solutions

- A solution is made up of a liquid in which a substance is dissolved.
- The liquid part of the solution is called the solvent e.g. water
- The substance that has dissolved into the solvent is called the solute e.g. salt
- When the solute dissolves into the solvent, a solution is made e.g. salt water
- Salt is described as **soluble**, because it dissolves into the solvent
- A substance that will not dissolve into a solvent is described as insoluble e.g. sand



| Key Terms | Definitions |
|--------------------|--|
| Dissolving | When solvent particles surround solute particles so they are spread out |
| Saturated Solution | A solution in which no more solute can dissolve |
| Evaporation | A method for separating a dissolved substance fro the liquid |
| Filtration | A method for separating an insoluble solid from a liquid |

| ٦ | Key Terms | Definitions |
|---|-----------|--|
| | Pure | A material that is made up of only one type of particle i.e. elements or compounds |
| | Impure | A material that made up of more than one type of particle i.e. mixtures (covered in Topic 7) |
| | Element | Substances made up of one type of atom |
| | Compounds | Substances made up different elements which are chemically bonded |

Compounds

- · Compounds are substances made up of different elements which are chemically bonded.
- Compounds can be formed by chemically reacting elements together e.g.:

Magnesium + oxygen → magnesium oxide (Element) (Element) (Compound) (Element) (Element)

- Often, the compound formed has different properties to the elements that make it. E.g. magnesium is a shiny metal, oxygen is a colourless gas and magnesium oxide is a white powder
- In order to separate the elements in a compound you would need to carry out another chemical reaction.
- Compounds are still pure because, although they contain different atoms, those atoms are bonded to make one particle

- · Examples of compounds are:
 - Carbon dioxide (CO₂)
 - Water (H₂0)
 - Anything else that has
 - more than one element





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|---|---|---|---|
| _ | _ | J | |
| | | | 4 |



YEAR & -- MICHAELMAS TERM -- SCIENCE -- RESPIRATION & PHOTOSYNTHESIS

Respiration

Respiration is a chemical reaction that occurs in plant and animal cells and releases energy from food molecules. The organism can then use this energy in several different ways including:

- 1. To build large molecules from smaller ones
- 2. To move
- 3. To keep warm

There are two types of respiration: aerobic and anaerobic.

Aerobic respiration

Aerobic respiration occurs in the presence of oxygen and takes place in the mitochondria. Cells that require a lot of energy (e.g. muscle cells, sperm cells) will have higher numbers of mitochondria

so they can release more energy.



Aerobic respiration is shown by the following equation:

glucose + oxygen \rightarrow carbon dioxide + water C₆H₁₂O₆ + 6O₂ \rightarrow 6CO₂ + 6H₂O

Respiration can use different food molecules as the reactant but it is generally shown as glucose. Oxygen and glucose travel to the cells through the circulatory system and the waste products are removed from cells in the same way.

Photosynthesis

Plants use **photosynthesis** to make food (glucose) using **energy** from the sun



- The plant takes in water through the roots and carbon dioxide through the leaves via stomata
- Photosynthesis takes place in the chloroplasts which contain chlorophyll to absorb the light from the sun
- The glucose made in photosynthesis is stored as **starch**
- We can use iodine to test for starch; if starch is present the iodine will turn black
- Limiting factors for photosynthesis are light, temperature & CO2 concentration

| 1 | Key Terms | Definition |
|---|---------------------|---|
| | Respiration | A chemical reaction that releases energy from food molecules. |
| l | Aerobic | With oxygen. |
| | Anaerobic | Without oxygen. |
| | Fermentation | Anaerobic respiration that occurs in yeast. |
| | Mitochondria | Cell organelle where aerobic respiration occurs. |
| 1 | Fatigue | When muscle cells become tired and no longer contract efficiently. |
| | Key Terms | Definitions |
| | Osmosis | Movement of water from a high concentration to a low concentration through a partially permeable membrane |
| | Diffusion | Movement of particles from a high concentration to a low concentration until they are evenly spread out |
| | Active transport | Movement of particles against a concentration gradient |
| | Transpiration | The process by which plants lose water, as vapour, from their leaves through the stomata. |
| 1 | Chlorophyll | Green pigment in leaves, needed for photosynthesis, kept inside chloroplast |

Roots

- Plants absorb all their water in the roots by osmosis and keep water moving constantly through the plant by losing water as vapour from the leaves – transpiration
- Root hair cells increase the surface area for absorption of water.
- Root hair cells have a thin cell wall to allow water to pass through by osmosis easily
- Root hair cells don't contain chloroplasts as they are not performing photosynthesis
- Root hair cells absorb minerals through active transport. This requires an input of energy from the cell



Anaerobic respiration occurs when there is not enough oxygen present and takes place in the cytoplasm. Much less energy is released from anaerobic respiration than from aerobic respiration.

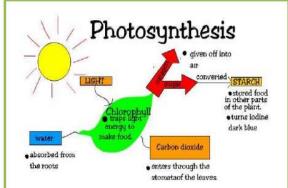
EARNING - LOVING - LIVING

In animals the equation for anaerobic respiration is: glucose ightarrow lactic acid

If lactic acid builds up in muscle cells it causes fatigue. We continue to have an elevated heart rate and breathing rate after exercise so that more oxygen enters the cells. This oxygen reacts with the lactic acid removing it from our muscles allowing them to work efficiently again.

In plants and yeast the equation for anaerobic respiration is: glucose \rightarrow ethanol and carbon dioxide

This process can also be called fermentation and is useful as the ethanol can be used to make alcoholic drinks and the carbon dioxide is what makes bread rise.





Leaves can be tested for starch using iodine The leaf is boiled to break open cells and then boiled in ethanol to remove the chlorophyll before testing with iodine. Blue/black is a positive result.

11

YEAR & -- MICHAELMAS TERM- GEOGRAPHY -- MEXICO AND URBANISATION

| | Mexico | UK Facts for comparison | |
|---|--|---------------------------------|------------------------------|
| 1 | Continent | South America | Europe |
| 2 | Level of affluence | Emerging Country | Developed |
| 3 | GDP per capita | \$9821 US | \$39 720 US |
| 4 | Population | 129.2 million | 66.4 million |
| 5 | Percentag e living in urban areas | 83.5% | 82% |
| 6 | Fertility Rate | 1.7 | 1.8 |
| 7 | Infant mortality rate | 12.2 per 1000 live births | 3.8 per 1000 live births. |
| 8 | Average age | 27.4 years | 40 |
| 9 | Percentag e working in the tertiary sector | 63.1% | 79% |

Favelas: recent informal housing (poor quality, often self-built housing) Periferia: older informal housing (improved over time, Central Business more permanent) District (CBD) High-cost housing: Industry: luxury flats or along transport routes detached houses 10.Typical model of a emerging country city.

| What is an development? | How can development be measured? | | |
|--|---|---|----|
| Development is the progress in economic growth, use of technology and improving welfare that a country has made. When a country develops it basically gets better for the people living there- their quality of life improves (e.g. wealth, health and safety). | Geographers find it useful to be able to measure how developed places are, and to compare them and see how they change over time. To do this they use development indicators. | | |
| What are the four types of development? | | | |
| Social development is to do with people and society. It is about the improvement that has been made by a country improving the quality of life of people who live there. This could be by improving literacy | Social measures of development | Economic measures of development | |
| levels through access to education, healthcare and increasing life expectancy. | 1. Quality of life | -tend to focus upon money and a country's economy. | |
| Economic development is about the improvement that has been made by a country in terms of wealth. This could include the value of | 2. Infant mortality | 1. Standard of living | |
| goods and services that a country is producing or the proportion (amount) of people who are working in primary, secondary, tertiary or | 3. Birth rate | 2. GDP per capita | |
| quaternary jobs. | 4. Doctors per 1000 | 2. 00. pc. cipito | |
| Environmental development recognises the importance of the natural world and includes looking at how countries are monitoring greenhouse gas emissions (air quality), or what they are doing to | 5. Literacy rate | 3. GNI per capita | |
| improve water quality. | 6. Death rate | 4. Absolute poverty | |
| Sustainable development means that the needs of the present generations will be met while protecting the needs of the future. Resources can not be exhausted and environments need to be | 7. Life expectancy | 5. Relative poverty | |
| protected. It is a balance. For example: using renewable energy sources rather than depleting stocks of oil and gas. | 8. Access to education | 6. Employment type | 12 |

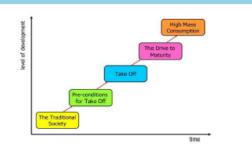
🕑 LEARNING - LOVING - LIVING

YEAR & - MICHAELMAS TERM- GEOGRAPHY - MEXICO AND URBANISATION



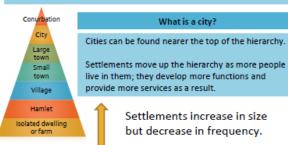
What is Rostow's Model

In 1960 an American economist named Walt Rostow created a model to show the stages that countries are likely to pass through on their way to being more developed. There are five linear stages. It has been criticised for being too simplistic and outdated



What is urbanisation?

Urbanisation is an increase in the amount of people living in urban areas, such as towns and cities, compared with those living in rural areas, such as the countryside- potentially due to migration.



Stages of Rostow's Model

 Traditional society: Characterised by subsistence economy which relies on collecting natural resources (logging, mining- primary industry). High levels of agriculture and labour intensive agriculture.

 Pre-conditions: Infrastructure starts to improve, so trade is easier. Agriculture develops into a larger scale- less workers and more machinery. Secondary industries- such as manufacturing start to take off. Introduction of TNCs.

 Take off: Increasing industrialisation- secondary manufacturing dominates. TNCs often dominate the economy. Rural to urban migration happens on a greater scale. Nation becomes more modernised- airports, roads, railways, education, healthcare and internet access.

4. Drive to maturity: Country becomes able to support itself- not relying on foreign investment. As education and aspirations change and improve- more tertiary jobs: sales, nursing and teaching etc. Universities and schools mean that high-tech industry develop and quaternary jobs begin.

5. High mass consumption: High proportion of employment in service sector (tertiary). Secondary manufacturing shifts to smaller factories with less environmental impact. As the population becomes wealthierconsumption (buying new/used goods) increases, focusing on high value goods such as card and designer labels.

What is Ethiopia's place in the model?

Government spending has led to improvements in healthcare and education, and the arrival of TNCs, suggest that stage 2 is more appropriate.

Due to new technologies starting to replace older livestock farming, the pre-conditions for take off are emerging.

What is a city?

Cities can be found nearer the top of the hierarchy.

Settlements move up the hierarchy as more people live in them; they develop more functions and provide more services as a result.

What is a megacity?

The rapid rate of growth which has taken place in ACs, and more recently LIDCs, has led to the creation of cities with a population over 10 million.

Cities with a population of this size are known as megacities such as Tokyo, Delhi and Mumbai.

Why are megacities important? Pros/Cons

+ Smaller ecological footprint – many people live in apartments or smaller connected houses rather than larger homes in sprawling neighbourhoods.

+ Cities are also walkable and have public transportation options that can make cars less of a necessity.

- Concentrations of people mean concentrations of pollutants and rubbish.

- Cities produce up to 70 percent of global CO2 emissions and smog is becoming a common feature in many urban landscapes.

 Cities across the globe producing 1.3 billion tons of waste annually, that's a lot for one area to handle.

What is a World City?

A World City (also known as a global or alpha city) is one which is considered to be an important hub in the global economic system.

A World City may have:

- Headquarters of TNCs based in the city
- o A centre for media and communication
- A major centre for manufacturing
- Important port (can handle bulk carriers)
- Financial services- banks or stock exchange
- High rated universities- high quality of healthcare
- o Cultural opportunities- cinema/live music etc

London is an example of a world city.

- Its status as a world city comes from:
- Its financial importance (London Stock Exchange)
- o Scientific research from its universities
- o Power of companies located there
- o Landmarks both new and old, are recognised worldwide

What causes rapid urban growth of cities in LIDCs?

Urbanisation is driven by two key factors...

- Rural-urban migration: people being drawn from the rural areas to live in cities.
- Internal growth: when people who have moved into the cities have lots of children.

Rural-urban Migration

The factors which draw people to cities are referred to as pull factors.

These work in combination with *push factors* which tend to drive people away from rural areas.

| Push Factors | Pull Factors |
|---|---|
| Opportunities for employment other than agricultural work- wages in rural areas are limited and are in poverty levels in most cases. | There are more opportunities for employment-wages offered are better. |
| Rural areas often have fewer services (including access to healthcare and education) and poorer infrastructure. | Better healthcare systems and education in urban areas. |

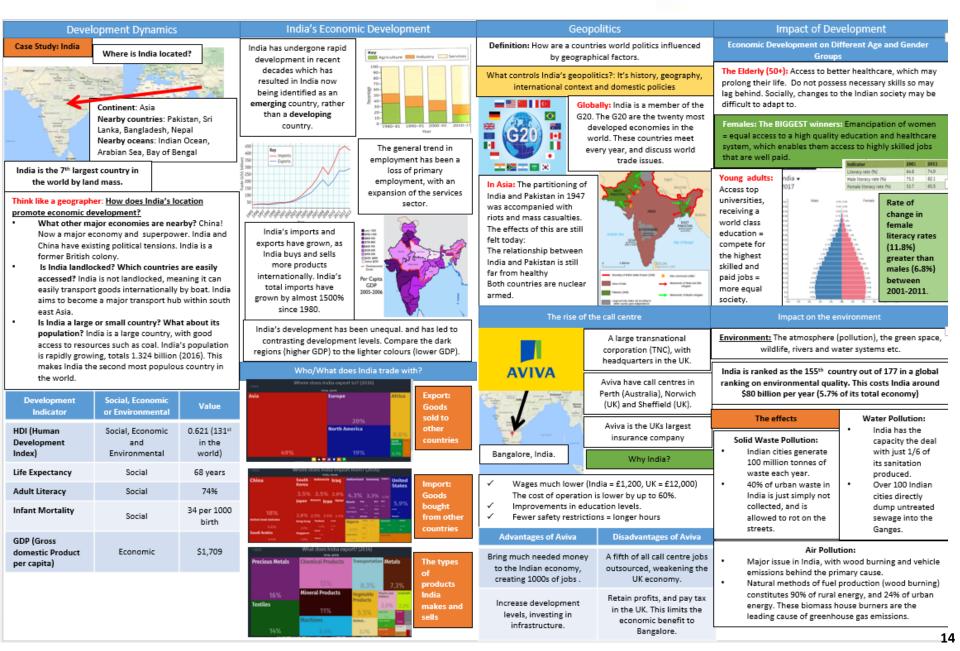
Internal Growth

Once people arrive in cities and find employment and housing- they will tend to have children.

This increase in population is known as *internal growth* and can result in rapid population growth- particularly in LIDCs where cities have youthful populations.

<u>YEAR & — MICHAELMAS TERM- GEOGRAPHY — INDIA</u>



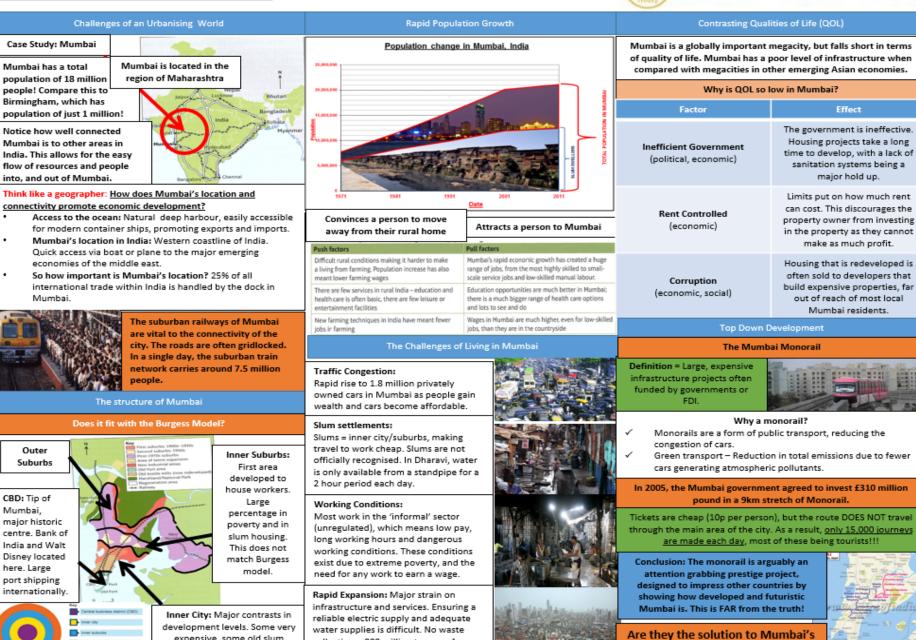


YEAR & — MICHAELMAS TERM- GEOGRAPHY — INDIA

expensive, some old slum

housing (25,000 people)

٠



collection = 800 million tonnes of

untreated sewage dumped Mithi River.

development crisis?

LEARNING - LOVING - LIVING

YEAR &— MICHAELMAS TERM- HISTORY- THE TRANSATLANTIC SLAVE TRADE

| 1 | Slavery | A relationship where one person has absolute power over another. They control their life, freedom and wealth. |
|---|-----------------------------------|--|
| 2 | Plantation | A large farm that slaves worked on to produce cotton, tobacco and sugar. |
| 3 | Middle Passage | The term given to the slave journey from West Africa to the Americas |
| 4 | Triangular Trade | Trade system importing and exporting goods to and from three destinations (mainly slaves) |
| 5 | Olaudah Equiano | A freed slave who moved to London and wrote a book detailing his experiences as a slave. |
| 6 | Abolition | Is the act of putting an end to something by law e.g. slavery. |
| 7 | The Slavery Abolition Act 1833 | The Act passed in Britain that abolished slavery. |

Abolition in Britain

Britain was one of the first countries to abolish slavery. It introduced <u>the Slavery</u> Abolition Act in 1833. This abolished slavery throughout the British Empire.

<u>**Politics**</u> – Granville Sharp used the law courts to try and give slaves their freedom. He fought many court cases, e.g. the *Zong* ship.

Economics – Sugar plantations were closing as cheap sugar could be bought from Brazil and Cuba. People argued that slaves would work harder if they were freed and paid. **Beliefs and Ideas** - The Society for the Abolition of the Slave Trade was set up in 1787. Anti-slavery **petitions** were signed in British towns

<u>Media</u> – Thomas Clarkson collected evidence against slavery. He spread his message all over the country by publishing posters, pamphlets and making public speeches.

<u>Key Individuals</u> - William Wilberforce campaigned against the slave trade. The first time he introduced the idea he lost the debate by 163 votes to 88 but he never gave up.

Abolition in USA

The USA abolished slavery on the 31st January 1865. It was known as the **13th Amendment** and it declared that all people in the United States were free. However the abolition of slavery was a huge issue in America and even caused <u>the American Civil War</u> between the North and the South states.

<u>Economics</u> - Southern slave owners feared the loss of their slave labour force. The **northern states** were going through an <u>industrial revolution</u> and needed more people to work in their factories, but the mainly agricultural south depended on trade and was therefore against this.

Politics - Eleven states decided to leave the Union to form their own separate nation called the 'Confederate States of America'. This resulted in the outbreak of a civil war **Key Individuals** - **Abraham Lincoln** was elected as president of the United States in 1860. He had spoken out against slavery and the South feared he would try to end slavery.

| ·. | 8 Domestic slaves | were butlers, cooks and maids, who had to look after the plantation owner, his family and his house. usually treated better than plantation slaves, they were given better food and were clothed. |
|---------------|---|---|
| 1 | 9 Plantation slaves | were those who worked 18 hour days on the plantations growing cotton and tobacco. |
| _ | 10 Accommodation | slaves lived in wooden shacks with mud floors, with up to as many as 15 people sharing 1 room. There was no furniture and old rags would be used to make beds. |
| s | 11 Could slaves marry? | Slaves could marry but they had no legal protection. Marriages and families could be broken up lawfully by a slave owner. 32% of slave marriages were dissolved by masters selling slaves away from the family home. |
| | 12 What was the trans-Atlantic slave trade? | Between 1600-1800 slaves were traded across the world. A) Ships were loaded in England with guns, cloth and alcohol. This was taken to Africa and traded for slaves. B) Slaves were transported on a two month journey known as the Middle Passage to the Caribbean and the Americas. Slaves were sold to work on the plantations. c) ships were loaded with cotton, sugar and alcohol to be sold in England for huge profits. |
| | 13 More detail on the Middle Passage | Conditions on the boat were terrible and many died. Slaves were packed into the ship in very tight quarters and laid down for most of the journey. They were only given basic food to keep them going and were severely punished should they disobey orders. Slaves were chained up for the entire journey, meaning that diseases spread quickly. A lot threw themselves overboard in order to avoid their fate as a slave. |
| • <u>r</u> | 14 Who benefitted from the Slave Trade? | Plantation Owners - Plantation owners, owned large pieces of land which farmed different crops. Plantation owners grew 'cash' crops of sugar, tobacco, coffee, spices and cotton for sale back in Europe which would be worked on by the slaves. By the constant supply of 'free' labour and good trading links plantation owners lived very lavish lifestyles. African Tribal Leaders - African Tribe Leaders captured slaves through war between rival communities over land. They would then trade their captures for weaponry and gunpowder to increase their power in their native land. British Business Men - The Slave Trade made areas such as, Liverpool and Bristol extremely rich. Factory owners and business men that were involved in the production of weapons and gunpowder. African Slaves - Some slaves worked in the plantation owner's house as butlers, cooks or housemaids. They were able to learn new skills, such as cooking and cleaning. They were often dressed in finer clothing and given a better diet than those that worked in the fields. |
| D | | NORTH AMERICA AZORES AZORES ATLANTIC OCEAN |

CARIBBEAN SEA

WEST AFRICA

EARNING - LOVING - LIVING

YEAR &- MICHAELMAS TERM- HISTORY- 20TH CENTURY USA - RECONSTRUCTION TO CIVIL RIGHTS



| Key Terms | | | | | |
|-----------|------------------------------|--|---|--|--|
| 1 | American Civil | A war waged between the North (union | | Key ideas | |
| 4 | War | states) and the South (confederacy) from 1861-1865 | 1 | <u>Segregation</u> In many of these states discrimination was not just commonplace - it was legal. | |
| 2 | Emancipation Proclamation | Released by Abraham Lincoln which made slavery in the US illegal. | | States such as Alabama introduced a series of laws to keep the races separated and the black population under control. These measures were nicknamed the | |
| 3 | Segregation | An action where things can be separated, in this instance, groups of people. | | 'Jim Crow' laws. Typical laws included:Public transport waiting rooms were strictly segregated. | |
| 4 | Ku Klux Klan | A racist organisation formed in 1866 but by 1 925 it had 5 million members. They killed Afric an Americans in the southern states of Ameri | 2 | Places open to the public such as shops, hotels, cinemas, - theatres and libraries had to provide separate rooms and facilities for the different races. Education | |
| | | ca. | - | Legally, black children could be educated in separate schools, so long as the | |
| 5 | Lynching | Murder of African-Americans, sometimes in public, for violating racial codes operating in the southern states. | | schooling was of an equal educational standard. In reality, schools for black Americans were far from equal, and the quality of education provided was | |
| 6 | Sharecropper | Farmer who rented land and paid for it though a share of the crop—often cotton | | inferior. In 1896, the Supreme Court upheld that this policy was legal and fair. - In most of the Southern states, inter-marriage between blacks and whites was illegal. | |
| 7 | Bigotry | Intolerance against people who may have a different opinion compared to themselves. | 3 | Voting rights | |
| 8 | 'Jim Crow' laws | Named after a fictional character in the popular minstrel shows that made fun of black people. These laws enforced the strict segregation of the races and rigidly maintained the inferior status of black | | Very limited in the south, as Grandfather Clauses and literacy tests were introduced stop the registration of African Americans. - African-Americans largely did menial and poorly paid work—as sharecroppers or domestic servant | |
| | | citizens. | 4 | Violence and intimidation: | |
| 9 | Literacy Tests | Very complex tests which African-Americans were forced to pass in order to register to vote. | | It was virtually impossible for African- Americans to challenge segregation in the South. To do so ran the risk of serious violence at the hands of white racists, particularly the Ku Klux Klan. In the years after World War I, there had been a | |
| 10 | Grandfather Clauses | Only if your grandfather was registered to vote, could you register. Used to block African-Americans. | | major revival in the strength of the Ku Klux Klan, the most well known of the racist organisations. | |
| 11 | 13th Amendment | Abolished (ended) slavery in the US | | By the mid-1920s, the Klan had over 100,000 members across the South and had | |
| 12 | 14th Amendment | This said black people were citizens | | begun to extend its influence into Northern and Western states. Its campaigns of hate and violence intensified and Klan violence, beatings, burnings, brandings, | |
| 13 | 15th Amendment | This said black people could vote | | attacks with acid and lynching increased rapidly. In 1919, 70 black Americans were lynched, 10 of them former soldiers. | |

YEAR &- MICHAELMAS TERM- HISTORY- 20TH CENTURY USA - RECONSTRUCTION TO CIVIL RIGHTS



| Key Terms | | | | | | |
|-----------|--------------------------|--|---|--|--|--|
| Key | | | | Significance of Martin Luther King | | |
| 1 | Civil Rights Movement | To achieve equality between white and Black people in the 50s and 60s in America | 1 | Martin Luther King Jnr was an American campaigner for the fair and equal treatment of all people and an end to racial discrimination. | | |
| 2 | Civil Rights | The rights an individual is entitled to - political and social freedom and equality. | | | | |
| 3 | Supreme Court | Highest court of law in the United States | | -His father was the pastor of the Ebeneezer Baptist Church in Atlanta, Georgia, USA | | |
| 4 | NAACP | National Association for the Advancement of Colored People | 2 | In December 1955, in Montgomery Alabama, Rosa Parks, a black woman, was arrested for failing to give up her bus seat to a white man. King, having become a minister in the city, was appointed president of the Montgomery Improvement Association which led the boycott of the | | |
| 5 | SCLC | Southern Christian Leadership Conference | | | | |
| 6 | CORE | Congress on Racial Equality | | | | |
| 7 | SNCC | Student Non-Violent Coordinating Committee | | Montgomery bus services | | |
| 8 | Rosa Parks | Civil Rights activist who refused to move seat on a bus. This lead to the Montgomery Bus Boycott. | 3 | King was a very powerful speech maker. | | |
| 9 | Martin Luther King | Figurehead and adopted leader of the Civil Rights movement. Promoted passive resistance. | | -His most famous I Have A Dream speech was delivered to an audience of 250,000 people during the March on Washington. -King led other important events such as the Selma March and set up the | | |
| 10 | Malcom X | Civil rights fighter who believed in violent active resistance in fighting for the rights of black Americans | | Southern Christian Leadership Conference (SCLC) | | |

| | Key events in 1950's | | Key events in 1960's |
|---|---|---|---|
| 1 | rown vs Board of Education 1954: In May 17, 1954, the Supreme Court ruled that "separate but equal" public schools for ifferent races were unconstitutional, following a legal challenge by the National ssociation for the Advancement of Colored People (NAACP). | | Sit-Ins 1960 Began at a lunch counter in Woolworth's in Greensboro when four students refused to move from whites- only seats. The movement rapidly spread and led to the formation of SNCC. Much desegregation followed. |
| 2 | The murder of Emmett Till 1955: Fourteen-year-old Emmett Till was visiting relatives in Money, Mississippi, on August 24, 1955, when he reportedly flirted with a white cashier at a grocery store. Four days later, two white men kidnapped Till, beat him and shot him in the head. The men were tried for murder, but an all-white, male jury acquitted them. The nation was shocked by these events. | | Freedom Rides 1961 Members of CORE rode the Greyhound bus route through the south to see if previously agreed desegregation was being followed. The bus was firebombed at Freedom Riders were viciously attacked at Birmingham. |
| | | | Birmingham, Alabama 1963 King and SCLC led a series of events in this highly-segregated city. Teenagers were used in some marches and were attacked by police using dogs and high-pressure fire hoses. King was arrested and locked up in |
| 3 | | | prison. Contributed to passage of 1964 Civil Rights Act March on Washington 1963 250,000 people, about one-fifth of them white, came to listen to speakers, including King's famous 'I Have a Dream speech. Parts of the event were filmed live on TV. |
| 4 | | | Freedom Summer 1964 Civil Rights workers went to Mississippi to help African-Americans to register to vote. Three of them were |
| | Nine black students enrolled at formerly all -white Central High School in Little Rock, Arkansas, in September 1957, testing Brown vs Board of Education. On September 4, 1957, the first day of classes at Central High, Governor Orval Faubus of Arkansas called in the state National Guard to bar the black students' entry into the school. | 6 | murdered, leading to an FBI investigation. Selma 1965 A march from Selma to Montgomery, led by King, to campaign for African-American voting rights. Stopped by police, who used great violence on protesters. Contributed to passage of 1965 Voting Rights Act. 18 |

LEARNING - LOVING - LIVING

1. What do Buddhists believe?

There is no belief in a personal god. Buddhists believe that nothing is fixed or permanent and that change is always possible. The path to Enlightenment is through the practice and development of morality, meditation and wisdom.

Buddhists believe that life is both endless and subject to impermanence, suffering and uncertainty. These states are called the tilakhana, or the three signs of existence. Existence is endless because individuals are reincarnated over and over again, experiencing suffering throughout many lives. It is impermanent because no state, good or bad, lasts forever. Our mistaken belief that things can last is a chief cause of suffering.

The history of Buddhism is the story of one man's spiritual journey to enlightenment, and of the teachings and ways of living that developed from it.

The Buddha:

Siddhartha Gautama, the Buddha, was born into a royal family in present-day Nepal over 2500 years ago. He lived a life of privilege and luxury until one day he left the royal enclosure and encountered for the first time, an old man, a sick man, and a corpse. Disturbed by this he became a monk before adopting the harsh poverty of Indian asceticism. Neither path satisfied him and he decided to pursue the 'Middle Way' - a life without luxury but also without poverty. Buddhists believe that one day, seated beneath the Bodhi tree (the tree of awakening), Siddhartha became deeply absorbed in meditation and reflected on his experience of life until he became enlightened.

By finding the path to enlightenment, Siddhartha was led from the pain of suffering and rebirth towards the path of enlightenment and became known as the Buddha or 'awakened one'.

2. Where do Buddhists learn about their faith?

Home and temple:

Buddhist worship

Buddhist temple, Khatmandu, Nepal

Buddhists can worship both at home or at a temple. It is not considered essential to go to a temple to worship with others.

At home

Buddhists will often set aside a room or a part of a room as a shrine. There will be a statue of Buddha, candles, and an incense burner.

Temples

Buddhist temples come in many shapes. Perhaps the best known are the pagodas of China and Japan.

Another typical Buddhist building is the Stupa, which is a stone structure built over what are thought to be relics of the Buddha, or over copies of the Buddha's teachings.

3. Meditation

Meditation is a mental and physical course of action that a person uses to separate themselves from their thoughts and feelings in order to become fully aware.

It plays a part in virtually all religions although some don't use the word 'meditation' to describe their particular meditative or contemplative practice.

Meditation does not always have a religious element. It is a natural part of the human experience and is increasingly used as a therapy for promoting good health and boosting the immune system. Anyone who has looked at a sunset or a beautiful painting and felt calm and inner joy, while their mind becomes clear and their perception sharpens, has had a taste of the realm of meditation. Successful meditation means simply being - not judging, not thinking, just being aware, at peace and living each moment as it unfolds.

What is Buddhist meditation?

In Buddhism the person meditating is not trying to get into a hypnotic state or contact angels or any other supernatural entity. Meditation involves the body and the mind. For Buddhists this is particularly important as they want to avoid what they call 'duality' and so their way of meditating must involve the body and the mind as a single entity.

In the most general definition, meditation is a way of taking control of the mind so that it becomes peaceful and focused, and the meditator becomes more aware.

4. The Five Precepts

<u>The Five Precepts</u> are the Buddhist version of a code of conduct or rules to help people behave in a moral and ethical way. Buddhists should follow the Five Precepts to ensure they are living a morally good life. This helps them to get rid of suffering and achieve **enlightenment.**

The five precepts are as follows:

- Refrain intoxicants that can cloud the mind
- Refrain from wrong speech
- Refrain from the misuse of the senses or sexual misconduct
- Refrain from taking what is not given
- Refrain from taking life

5. What are Buddhist attitudes to rights and responsibilities?

To become a Bodhisattva a Mahayana Buddhist must become perfect in six areas of their lives. These are: generosity, morality, patience, energy, meditation, wisdom. <u>Six</u> <u>Perfections</u>.

The Six Perfections are:

1.Be generous and give to others.

2.Live a life in which you do the right thing.

3. Have patience with all people.

4. Sustain your energy so that you keep going through difficult times.

5. Work on concentration by meditating.

6.Gain wisdom

6. What do Buddhists believe about religion and science?

What accounts of the origins of the universe are found in Buddhism?

There is no story of the creation of the Earth within Buddhism, or any mention of scientific explanations for the Earth's existence. This is partly due to the fact that Buddhists do not believe in any God who has created the world. Most other religions consider there to be a designer of the universe who was involved in the process of creation.

According to Buddhist teaching, the **<u>Buddha</u>** refused to answer questions about the origins of the Earth. As a result, Buddhists do not tend to focus on questions that they cannot answer. Rather, the focus is on the concerns of the present and how to avoid suffering in the here and now. Nevertheless, Buddhists believe that as with life, worlds follow a cycle of decay, death and <u>rebirth</u>.

Is the theory of evolution compatible with Buddhism?

The Buddha taught his followers not to concern themselves with questions they could not answer but instead to focus their minds on seeking enlightenment and escaping suffering. This is to do with the here and now and not the distant past.

Many Buddhists have no problem accepting many scientific theories because there is no specific conflict with Buddhist belief, which seeks answers to different types of questions, such as how to achieve <u>enlightenment</u> and, therefore, how to escape from the cycle of <u>samsara</u>. The <u>Dalai Lama</u> summed this up:

"The actions of each of us, human or non-human, have contributed to the world in which we live. We all have a common responsibility for our world and are connected with everything in it." - Dalai Lama

This implies that we are all responsible for the world in the way that it now exists, but the only part of this process that Buddhists focus on is the cause and effects of good and bad actions. This is the only part of the process what has religious significance for Buddhists.

In Buddhist countries people are likely to believe the dominant idea of how the world came about, which nowadays is mainly the scientific description.

LEARNING - LOVING - LIVING

Christian Worship

1. What do Christians believes about worship?

Christian worship involves praising God in music and speech, readings from scripture, prayers of various sorts, a sermon, and various holy ceremonies (often called sacraments) such as the Eucharist. While worship is often thought of only as services in which Christians come together in a group, individual Christians can worship God on their own, and in any place.

Origins - Christian worship grew out of Jewish worship. Jesus Christ was a religious Jew who attended the synagogue and celebrated Jewish festivals, and his disciples were familiar with Jewish ritual and tradition.

The first obvious divergence from Judaism was making Sunday the holy day instead of Saturday. By doing this the day of Christian worship is the same as the day that Jesus rose from the dead. Jesus's promise to stay with his followers, fulfilled in the sending of the Holy Spirit, illuminated the development of Christian worship from early times.

God is present - So Christians regard worship as something that they don't only do for God, but that God, through Jesus's example and the presence of the Holy Spirit is also at work in.

The Eucharist and the Word - Church services on a Sunday divide into two general types: Eucharistic services and services of the Word. Both types of service will include hymns, readings and prayers. The Eucharistic service will be focused on the act of Holy Communion.

2. Where do Christians learn about their faith?

Christians learn about the rites of their faith by living in community with other Christians, observing and experiencing the rituals.

3. How do Christians express/demonstrate their faith, beliefs and spirituality? – Different styles of Christian worship, purpose of prayer and the sacraments

Christian practices vary by denomination, but common elements include a Sunday worship service, private and corporate prayer, study and reading of the Scriptures, and participation in rites such as baptism and communion (known as sacraments).

From the earliest times Christians have met together on Sunday to worship God. Sunday is the first day of the week and the day of Jesus' resurrection. There is no audience at a service of worship, instead there is a congregation. People have all come together in order that they might share in the offering of worship to God.



4. Ethics and relationships in Christianity - similarities and differences in Christian worship across denominations

The starting point for a Christian understanding of human sexuality is the belief that all humans are made 'in the image of God'. Christians hold some key beliefs about sexual relationships, including the belief that s sexual relationship should only take place between a man and woman who are married to each other.

Christians believe sex is a gift from God intended for procreation, therefore they believe that sex should take place only within a marriage. They believe that sex is an important way for man and woman to show commitment to each other. All forms of sexual activity are forbidden outside of marriage.

5. Christian attitudes to rights and responsibilities, global issues and interfaith dialogue – Christian responses to persecution of Christians

Today's natural world faces many threats, often from humans. Issues in the natural world put our world at risk of global environmental catastrophe. Threat in the world:

The world today is being damaged by pollution, global warming and humanity's excessive use of natural resources. Many animal species are threatened with extinction, while the world's fast-growing human population is becoming unsustainable.

Christian response:

Christian believe they should care for the world and not waste its resources because:

- 1. the Bible teaches that we should care for the world.
- **2.** Christians see the world as a sacred gift from God.
- 3. Christianity teaches that humans will be judged after death on how the treated the Earth.
- 4. God gave humans the responsibility of stewardship of the Earth caring for it for future generations.

The Christian Declaration on Nature, Assisi 1986:

At the meeting in Assisi, Italy, religious leaders of Buddhism, Christianity, Hinduism, Islam and Judaism met to discuss how their faith could combine to save the natural world. The outcome was a shared commitment to working to help the environment. Beliefs such as the stewardship – where individuals believe they have a responsibility to care for the world – were crucial here.

SOWA:

God blessed them and said to them, 'Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every other living creature that moves on the ground.' (Genesis 1:28)

The Lord God took the man and put him in the Garden of Eden to work it and take care of it. (Genesis 2:15)

6. Christian beliefs about religion and science:

The difference between science and religion exist in their principles and concepts. In other words, science and religion are two fields that are often distinguishable from each other when it comes to their principles and concepts. The principles applied in religion often are not applicable to science. The converse is also true. The relationship between science and religion is a very controversial one. Religion is based on faith while science is based on logic. That is why the two are often not compatible. This is also the reason for most of the disputes between the church and the scientists in the past.

What is the difference between Science and Religion?

- The existence of God is one of the chief concepts in religion. On the other hand, there is no proof for the existence of God according to science.
- According to religion, God created world. However, according to science, the world came into being as a result of the Big Bang.
- However, some religious beliefs have been proven true by science later such as the Big Bang Theory.
- Religion has paved the way for varied cultures and customs whereas science has paved the way for discoveries and inventions.
- Different countries across the world may have different religions for that matter. On the other hand, the scientific principles are common wherever you go.



| BASIC RULES | STROKE TECHNIQUES | | |
|--|--|--|--|
| 1. What is the aim of table tennis? The aim of table tennis is to score more points than your opponent by volleying the ball across the net and landing on the table. | 6. The forehand Push Stand close to the table front ways on. Using a short stroke, hit the ball at the top of the bounce (at its highest point), strike the ball on the back bottom portion so that you use slight backspin | | |
| 2. Rules of the Game? If the ball touches the table surface, it is declared in If it touches the side of the table, it is declared out A player is not allowed to strike the ball in volley, unless the opponent's ball leaves the table and I strike the ball in volley behind the table, in which case the | | | |
| point would be given to me. | 7. The Forehand Drive | | |
| 3. How is table tennis scored? The winner of a game is the first to 11 points. There must be a gap of at least two points between opponents at the end of the game though, so if the score is 10-10, the game goes in to extra play until one of the players has gained a lead of 2 points. The point goes to the player who successfully ends a rally, regardless of who has served. A match can consist of the number of games you like, just make sure you agree | Stand close to the table, sideways on, facing the line of play. Using a medium stroke, racket arm should move slightly upwards in direction that the ball is going to travel. During the stroke your upper body should rotate 45 degrees to the right then turn back to face the ball, moving from right foot to your left. | | |
| this in advance! | 8. The backhand Drive Using a medium stroke your racket arm should move forward and upwards. Racket angle should be slightly closed, loose wrist to help with topspin. Hit the ball at the top of the bounce, using 50% of stroke action before hitting it, and 50% of stroke action after you have hit the ball. | | |
| 4. What are the rules of service? The ball rests freely on the open palm of the hand. The hand holding the ball must be above the level of the table. The ball should be projected upwards (at least 16 cm/6inches) The ball should be struck when it is falling and behind the table. The ball should first bounce in one's court, then in the opponent's court. | | | |
| Service can be diagonal and also in a straight line in singles | BASIC TACTICS AND STRATEGIES | | |
| Service can be replayed when : The ball touches the net or its supporting posts before touching the opponent's court ("let" service) The ball touches the net then is struck in volley by the opponent without it touching his court. The receiver was not ready at the time of service. | 9. Top Spin – is produced by starting your stroke below the ball and brushing your racket against the ball in an upward and forward motion. This increases the downward pressure on the ball, so after it bounces on the table it will stay low and accelerate forwards, causing it to rebound upwards off your opponents racket. 10. Death Gaine, is non-death death death of the start of the hell. | | |
| 5. What is the ready position? Neutral starting position, slightly bent arm, racket in front of you so you can just reach the end of the table, feet shoulder width apart and knees bent, racket in a neutral position so you can play either a backhand or forehand. | 10. Back Spin – is produced by starting your stroke above the ball and brushing your racket against the ball in a downward and forward motion. This decreases the downward pressure on the ball, so after it bounces on table it rises up and not go as far forward. It will cause a rebound in a downward direction off opponents' racket. | | |

YEAR &- MICHAELMAS TERM- PHYSICAL EDUCATION (GIRLS) - TRAMPOLINE



| | | Routine 1 | |
|---------------------------------|--|---|--|
| Skills | Teaching Points | | |
| 1. The | • As you take off, bring your legs apart and extend them out to the sides of you more than 90 degrees and horizontal. | | |
| Straddle Jump | Straighten your arms, place them out to sides like legs, and place hands on knees/legs. | | |
| | Keep your upper body and head as still as possible. | Swivel Hips to Feet | |
| | Ensure your toes are pointed and you are looking forwards. | Pike Jump | |
| 2. The Tuck | • As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. | · · | |
| Jump | Keep your upper body and head as still as possible. | Seat drop to Feet | |
| | As you begin to reach the peak of the jump, bring your knees upwards and into the chest. | Straddle Jump | |
| | Ensure that both knees are tucked tight into the chest and the shins are vertical with the floor and parallel to your back. | Half Twist | |
| | Bring the arms down from the extended position and touch the hands just below the front of the knees. | | |
| 3. The Pike | As you take off, keep your legs together and straight and extend them out in front of you. | Routine 2 | |
| Jump | Knees should be straight and both knees and feet together touching. | Tuck Jump | |
| Jump | Straighten your arms, extend them out forwards and place hands on knees/legs. | Straddle Jump | |
| | Keep your upper body and head as still as possible. | Seatdrop to Feet | |
| | Ensure your toes are pointed and you are looking forwards. | Half twist | |
| | , , , , , | | |
| 4 Seat Drop | • As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. | Seatdrop to Feet | |
| | Begin to tilt your pelvis upwards slightly to create a natural leg lift. | Pike Jump | |
| | Keep straight legs and do not purposely lift them up. | Full Twist | |
| | Keep your upper body and head as still as possible. | | |
| | Maintain position. | Doutine 2 | |
| | • As you begin to lose height, bring your arms down to make contact with the bed just behind your bottom and extend your feet forwards. | Routine 3 | |
| | • Frequestion load with your book along to write the and bounds to shake both and your both and with the figure a station for your both and to the | | |
| | Ensure you land with your back close to upright and hands tucked in just behind your bottom with the fingers pointing forwards in the | Half Twist | |
| | Ensure you land with your back close to upright and hands tucked in just benind your bottom with the fingers pointing forwards in the same way as your toes | Half Twist Straddle Jump | |
| 5. Swivel Hips | | | |
| 5. Swivel Hips | same way as your toes | Straddle Jump Swivel Hips to Feet | |
| 5. Swivel Hips | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. | Straddle Jump Swivel Hips to Feet Tuck Jump | |
| 5. Swivel Hips | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: • Seat drop to feet, half twist to feet, seat drop to feet. • Seat drop into half twist to feet, seat drop to feet. • Full swivelhips | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump | |
| 5. Swivel Hips 6. Front Drop | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: • Seat drop to feet, half twist to feet, seat drop to feet. • Seat drop into half twist to feet, seat drop to feet. • Full swivelhips • As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. Do not look down and keep your eyes focused towards an end wall. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 Straddle Jump | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. Do not look down and keep your eyes focused towards an end wall. Keep your upper body and head as still as possible. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 Straddle Jump Swivel Hips to Feet | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. Do not look down and keep your eyes focused towards an end wall. Keep your upper body and head as still as possible. Maintain position. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 Straddle Jump | |
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| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. Do not look down and keep your eyes focused towards an end wall. Keep your upper body and head as still as possible. Maintain position. As you begin to lose height, bend your arms down to form a diamond shape with the hands overlapping slightly in front of the face. Your legs should be slightly bent at the knee and the body held in tension for a good landing. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 Straddle Jump Swivel Hips to Feet Pike Jump Front Drop to Feet | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. Do not look down and keep your eyes focused towards an end wall. Keep your upper body and head as still as possible. Maintain position. As you begin to lose height, bend your arms down to form a diamond shape with the hands overlapping slightly in front of the face. Your legs should be slightly bent at the knee and the body held in tension for a good landing. At impact, ensure that your hips are in a position to help you land in approximately the same place as your take-off position. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 Straddle Jump Swivel Hips to Feet Pike Jump Front Drop to Feet Full Twist | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. Do not look down and keep your eyes focused towards an end wall. Keep your upper body and head as still as possible. Maintain position. As you begin to lose height, bend your arms down to form a diamond shape with the hands overlapping slightly in front of the face. Your legs should be slightly bent at the knee and the body held in tension for a good landing. At impact, ensure that your hips are in a position to help you land in approximately the same place as your take-off position. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 Straddle Jump Swivel Hips to Feet Pike Jump Front Drop to Feet Full Twist Tuck Jump | |
| | same way as your toes Seat drop as before – except your turn in the air (half twist) and complete another seat drop before returning to feet. Best way to learn is to break it up into the following progressions: Seat drop to feet, half twist to feet, seat drop to feet. Seat drop into half twist to feet, seat drop to feet. Full swivelhips As you take off, bring your arms away from your sides and extend them out in front of you and elevate your arms quickly above your head. Hold this upright position and begin to slightly push your hips backwards as you gain height. Keep your arms up and fingers in a position directly above your toes. Ensure extension of your arms and legs and allow the hip movement to provide the forward rotation. Do not look down and keep your eyes focused towards an end wall. Keep your upper body and head as still as possible. Maintain position. As you begin to lose height, bend your arms down to form a diamond shape with the hands overlapping slightly in front of the face. Your legs should be slightly bent at the knee and the body held in tension for a good landing. At impact, ensure that your hips are in a position to help you land in approximately the same place as your take-off position. | Straddle Jump Swivel Hips to Feet Tuck Jump Seatdrop to Feet Pike Jump Full Twist Routine 4 Straddle Jump Swivel Hips to Feet Pike Jump Front Drop to Feet Full Twist | |



| BASIC RULES | BASIC TACTICS AND STRATEGIES | |
|---|---|--|
| 1. What is the aim of wallball? Wallball is a simple activity played by hitting a ball against a wall with your hands. The aim of wallball is to score more points than your opponent by hitting a ball against a wall and landing inside the correct area on the floor. | 8. The Target Serve Most professional players believe that a well-controlled serve is the most important shot in the game. Services that rebound and bounce low near the short lines makes it even more difficult for the retriever, specially if he/she does not know which the direction the serve is being aimed. 9. What are the pass shots? The pass shot is just what the name implies, a shot that is hit past the opponent. Control the passing angles is very important in order to move the opponent out of the advantageous front court position. These shots are usually classified as "cross court" and "down the line" passes. | |
| 2. When is a point won? A point is won by you if your opponent is unable to return the ball to the wall (e.g. they miss the ball, they hit the ball but it misses the wall, or the ball hits the floor before the wall). | | |
| 3. How is wallball scored? The winner of a game is the first to 11, 15 or 21 points or played a timed game (commonly 15/20 minutes). There must be a gap of at least two points between opponents at the end of the game though, so if the score is 10-10, the game goes in to extra play until one of the players has gained a lead of 2 points. The point goes to the player who successfully ends a | | |
| rally, regardless of who has served. A match can consist of the number of games you like, just make sure you agree this in advance! | 10. Important tactics to win games:a) Always serve first if you win the toss at the beginning of the game | |
| 4. What is the ready position? Neutral starting position, feet shoulder width apart and knees bent, both arms in a neutral position so you can play either. | b) Serve deep to push your opponent back c) Dominate the centre of the court d) Kill the ball, by hitting it low at the wall | |
| 5. What is the correct equipment needed to play wallball? It is recommended to use an official wallball when playing the sport, however, any ball that can be struck safely with the hand can be used e.g. tennis ball, soft play ball, etc. Wallball gloves are optional and usually the player will decide if needed or not. Goggles are required for official tournaments. | e) Hit the ball down the side of the court to move the players away from the centre f) Hit wide angles to push opponents off the court g) Hit to the player weaker hand | |
| 6. Do we need a referee to play wallball? Wallball is a self-contained game and players are also expected to be referees, giving them experience of controlling a game, making decisions and taking ownership of their actions. It is recommended that the loser referees the next match. | | |
| 7. How do we start the game? The game will start by one of the players serving against the wall and the ball must return beyond the service line and inside the court. | | |

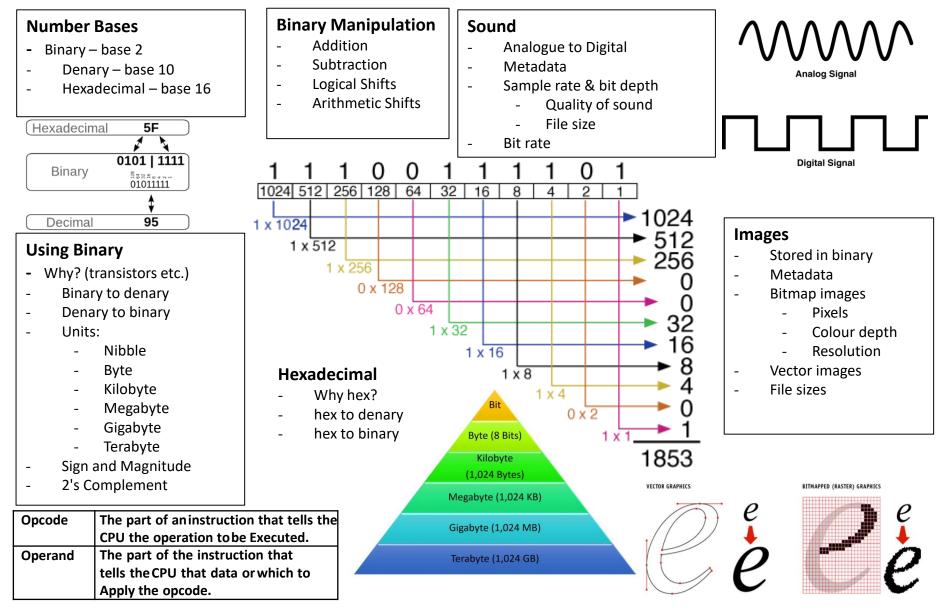
YEAR & __ MICHAELMAS TERM __ COMPUTER SCIENCE - HARDWARE & SOFTWARE



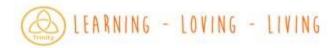
| Hardware - Definition - Input devices - Process devices - Storage devices - Output devices - Output devices - Von Neumann architecture Binary logic - - Why binary? (transistors) - Logic gates - Logic Statements: P = T AND NOT(D) Truth Tables Input devices Move data into the computer - Keyboard - Mouse | Memory Purpose Effect on Performance Random Access Memory (RAM) (Volatile) Read Only Memory (ROM)(Non-volatile) Virtual memory Flash memory Read/Write operations Secondary storage Magnetic hard disk Optical disk Flash memory Cloud Storage Non-volatile Internal/Removable Considerations for selecting storage: Capacity / Speed / Portability / Durability / Reliability | Central processing unit (CPU) - Arithmetic & logic unit - Control unit - Registers (Memory Unit) - Fetch-decode-execute - Buses and their purposes - The boot sequence Features affecting performance: - Clock speed (MHz, GHz) - Cache memory - Multiple cores | System software - Software that controls the hardware: OS and Drivers Human Users Application Software Operating System Other System Software Hardware |
|--|--|--|---|
| Touch screen Microphone Camera Sensor Bar code scanner Foot mouse Accelerometer GPS Braille keyboard Output devices Move data out of the computer Monitor Printer Plotter Speakers Actuators LEDs | Computer Systems The Input-Process-Output model Different systems, pros & cons: - Input-Process-Output model - General-purpose systems - Embedded systems - Expert systems Storing data STR Security - Malware (viruses) - Patching - Authentication - Access Levels - Encryption - Back-ups | Control Unit Processor Processor Accumulator Accumul | Types of Software - Applications: Software for the End-User - Word processor - Spreadsheets - Image Editor - SIMS - Ticket booking system - Utilities - Antivirus - Firewall - Defragmentation - Task Manager |

YEAR & - MICHAELMAS - COMPUTER SCIENCE - DATA CONVERSION





<u>YEAR & — MICHAELMAS - DRAMA — THEATRE IN EDUCATION</u>



| Devised: Explanation | Devised: How Assessed |
|--|---|
| Devising is a way of creating a drama without starting with a script. It usually begins with an idea and a stimulus. Actors and designers research, improvise, develop and shape scenes until they have a drama ready for an audience. The play you create will use either the techniques from a theatre practitioner (e.g. Brecht or Stanislavski) or in the style of a theatre genre (e.g. Physical Theatre or Theatre in Education). You will research your chosen topic, create a performance and document the development in a devising log portfolio. You will then write an evaluation of the final performance. This knowledge organiser will focus on Theatre in Education. | Performance A performance live on stage which is designed to realise your original intentions. Devising Log : Portfolio A record of the creation and development of your ideas to communicate |
| In order to gain the most marks in your performance exam and your portfolio remember to consider and refer to the following contexts: | meaning through and the development of your play. |
| Social Context: A social setting or environment which people live. Historical Context: A part of history which has happened (this could be when the play was set) Political Context: The political party in power at the time and how this impacted on society. Cultural Context: How culture can effect behaviour, choices and decisions for characters. | Devising Log: Evaluation An analysis and evaluation of your individual contribution to the devising process and the final devised piece. |

| Theatre in Education: A Brief History | Theatre in Education: Definition | The main elements |
|---|---|--|
| After the Second World War, people became aware that drama or theatre techniques might be useful as a way of fostering effective learning in schools. This is known as Theatre in education or 'TIE' for short. Brian Way, who founded the Theatre Centre in 1953, was an early practitioner, and influenced the team, including Gordon Vallins, who established TIE at the Belgrade Theatre, Coventry in 1965. Their work was so influential that it spread nationwide. The idea of a high impact performance for a specifically targeted school audience became hugely popular. Because the audiences are small, they can be encouraged to participate through work in role and through debate. Projects can be supported with resource materials and training or support for the students' teachers. Originally, a Theatre in education project would probably be centrally funded. These days, companies have to seek their funding from individual schools so they have to provide the product the schools want. | Theatre in Education (also called T.I.E.) is a play with an educational focus designed to teach school audiences (or other groups) about a certain issue or topic. You may have seen a Theatre in Education play in your school. They cover topics such like the following: Stranger Danger Road Safety Internet Safety How to tackle bullying | It's important for you to remember the following characteristics that typify T.I.E.: There is a clear aim and educational objective running throughout. A small cast so actors must be versatile and often have to multi-role. A low budget so actors often play instruments too. The production must be portable so the design is simple and representational. They explore issues from various viewpoints, so we can see the effect of an action upon a range of people. There is some level of audience involvement. They are rarely wholly naturalistic because direct address or narration is used to engage the audience. The costumes are simple and representational, especially if actors have to multi-role. They may include facts and figures to educate the audience. They may have a strong message or moral running throughout. |

When planning a Theatre in education piece companies must take into account:



Planning a T.I.E. Performance

Ideas for Engaging a Young Audience

A Quest

The age and size of the audience. The performance needs to suit the audience.

The venue, its size and facilities such as lighting and whether there are any particular restrictions, eg they might not be allowed to tap dance as taps would damage the floor.

Health and Safety issues. They'll probably have to complete paperwork for this. It could cover anything from risk assessment for the journey to the venue, to checking there are no asthmatics in the audience if they plan to use dry ice.

Teaching and Learning Objectives. What they have been asked to do and how they can deliver what's required.

Theatre in Education Skills

Target Audience

It is important that the creators and performers in a T.I.E. play know exactly who their audience are so that the materials they produce are appropriate and beneficial for the specific audience.

Specific Message

T.I.E. plays must have a specific message that they are teaching the audience.

Facts

T.I.E. plays are designed to educate the audience about a specific topic. It is therefore essential that the information given out is accurate. Facts can be used to help devise the play and they should also be included within the performance

Communal Voice/Chorus

Chorus is when the performer use the same movement and say the same lines. Communal voice is a variation of Chorus used in T.I.E. The performers speak with 'one voice' and usually reinforce the message of the play.

Where to get help.

At the end of watching a T.I.E. play, the audience should know what to do if they face a similar situation to the characters in the play. Where do they go for help/support?

Directly Engaging the Audience:

- 1. Direct Address The actor or character breaks the forth wall and speaks directly to the audience.
- 2. Forum Theatre The audience are given tasks to do which involve them within the performance.

Episodes

A series of scenes which can be related or unrelated.

Placards/PowerPoints

A placard is a sign presented onstage. Using placards might be as simple as holding up a card or banner. Multimedia or a PowerPoint slideshow can also be used for this effect. For example Scene One – The Bad News



A quest is a concept all will recognise and is familiar from superhero stories and fairy tales. Somebody needs to be rescued, evil must be defeated or there is treasure to discover. If you're going to involve a large group of children it's probably best to have a number of mini missions that they can be a part of, leading up to the final triumph. You could set a challenge involving number tasks for five-year-olds to solve. It's a good idea to include a little art work with this age group, if the size of the group and the time available allow this. Art work would sustain engagement and help them see where their imagination is taking them.

A modern fairy story for 7 to 11-year-olds

Children in this age range will be familiar with most of the well-known fairy tales and many of them will have come across the idea of adaptation. Your task will be to take them a little further with the story so that they see its structure and the ideas it contains. Cinderella is a story about bullying being punished. That's readily transferable, as is the ball or party idea. Maybe the prince took a photo of Cinderella on his mobile phone and is trying to find her on social media networks. The ugly sisters could go online and pretend that they are Cinderella which could serve as a warning to children that online interaction can be dangerous.

Narration

Narration is used in T.I.E. to guide the audience through the plot. There are two types of narration as follows:

In role

The character narrates in first person For example "My name is Little Red Riding Hood. I live in the forest".

 Third Person/Out of role/All Knowing Commenting upon a character as an actor is a clear way of reminding the audience of theatricality. The narrator speaks in third person. For example "This is Little Red Riding Hood.. She lives in the forest".

Stereotypical characters

These are easily recognisable stock characters. They are often exaggerated and represent a type of character rather than a specific individual. For example, the mum, the teenager, the teacher.

Multi-roling

Multi-roling is when an actor plays more than one character onstage. The differences in character are marked by changing voice, movement, gesture and body language but the audience can clearly see that the same actor has taken on more than one role. This means the audience are more aware of the fact that they are watching a presentation of events. Cross-sex casting is also possible in Epic theatre as we don't need to suspend our disbelief.

Split-role

This is where more than one actor plays the same character. For instance, the actor playing the main character might rotate from scene to scene. This keeps that character representational and inhibits emotional involvement and attachment on the part of the audience.

Basic Set, Props, Lighting and sound

T.I.E. has to travel to a variety of performance venues. Therefore actors use minimal set and props. They usually carry their own sound equipment with them and rarely use stage lighting.

Song /Dance/Movement

Song, dance and movement are often used in T.I.E. plays to engage the audience and make the performances more visually/orally interesting.



| Gaelic Folk/Rock Music Set Work: Skye Waulking Song, Cap Instruments: Rock: Synthesiser, Wurlitzer Piano; Bas accordion; pipes; bouzouki. Musical features: 12/8 (12 quavers in a bar, grouped in harmony; strophic form; pentatonic | ss; Drum kit. Folk: violin; n sets of 3s); simple modal | Instruments: African – K bodhran, fiddle, whistle, acc Musical features: Heterop | African/Celtic/Dance rk: Release, Afro Celt Sound System Kora, talking drum; Celtic – hurdy-gurdy, uilleann pipes, cordion; Dance – vocals, dance, samples, drum machine, electric piano. ohonic texture; loops; repetitive chords; drone; nonsense mprovisation; strophic; syncopation; riffs. |
|---|--|--|---|
| Salsa – Latin Music/Jazz Set Work: Salsa Y Sabor, Tito Pe Instruments: Latin Percussion (bong, conga, timbales, o & woodwind Musical features: clave rhythms; syncopation; simple simple melodies followed by improvisation | cowbells); Jazz piano, brass harmony; call & response; | Set Wo Instruments: d Musical features: triplets tempo; chaal rhythn | Indian folk/Hindi film music/Western Pop rk: Mundian To Bach Ke, Panjabi MC Ihol; tabla; Punjab fiddle; sitar; electric guitar; s; simple harmony; Indian & electronic instruments; fast n pattern; ornamentation; Verse-chorus structure. |
| Starting Points | Parts/Structure | | Developments |
| Pick your styles – identify key musical features you want to include. Experiment with these coming up with a number of musical ideas, melodic, rhythmic and harmonic. Listen to examples of the styles or other fusions – identify the features used and HOW they are used. | Think about your different Melody Chords Bassline Rhythm Vocals Develop your piece into a strophic (all verses) with Verse-Chorus form repeated patterns/motifs Jo, Ha, Kyu | a clear structure: | How can you add contrast? How could you adapt and extend your composition? Harmony parts New melodies Change of key Change of texture Repetition Bridge/instrumental/improvisation section |
| | KEYWO | RDS | |
| 1-Ostinato - a repeated pattern. | 7- Motif – a short idea (melo | | 13-Rag – an Indian scale. |
| 2-Layering – parts build up on top of each other. | 8-Pentatonic - 5-note scale | | 14-Tala – Indian rhythmic pattern. |
| 3-Polyrhythms – many rhythms interweaving. | 9- Static Harmony - slow m | | 15-Drone – a continuous low note. |
| 4-Call and response – singer singers melody responded to by a group. | 10-Accompaniment - a mus partners an instrument, voice | | 16-Off-beat – playing on the unaccented notes in a bar. |
| 5-Improvisation – making something up on the spot, within a given structure. | 11-Heterophonic texture – melody line. | | 17- Jo, Ha, Kyu Structure – Slow intro in free rhythm; pulse develops; fsater. |
| 6-Syncopation – playing on/stressing the weak beat. | 12- Chord – 2 or more notes | s played simultaneously. | 18-Riff – short repeated phrase in popular music. |

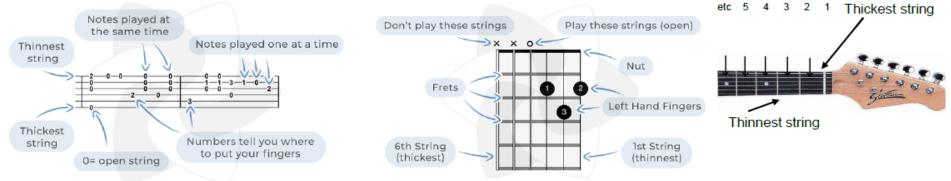
<u>YEAR & — MICHAELMAS - MUSIC — GUITAR SKILLS</u>



| KEYWORDS | Guitar Tab |
|---|--|
| 1- Scale – a bassline that moves by step. | What is Guitar Tab? |
| Riff – A chord structure of 12-bars using chords I, | Tab or tablature is a way of notating or writing down music. |
| IV and V. | It shows a graphic representation of the strings and frets on the guitar fretboard. |
| Chord – 2 or more notes played simultaneously. | Each note is indicated by placing a number, which indicates the fret to play, on the appropriate string. |
| Improvisation – making something up on the spot, | The Lines |
| within a given structure. | When reading guitar tab you will see six lines. |
| Guitar TAB –musical notation indicating fingering | The thickest string on the guitar or bass is the one nearest your chin, with the thinnest string being the closest to the floor. |
| rather than musical pitches. | The Numbers |
| 6- Strumming - sweeping the thumb or a plectrum | The numbers show which fret to play – where the number is written will show which string is to be played. |
| up or down across the strings. | Frets are the metal strips that run across the fretboard. |

READING TAB

READING CHORD BOXES



| What are the similarities between the 2 types of guitar not | ation? |
|---|---|
| | They are pictorial representations of the guitar |
| | They show the 6 strings (4 on bass) |
| | They show which fret to push down |
| | They show which strings to pluck/strum |
| What are the differences between the 2 types of guitar not | ation? |
| TAB shows the guitar horizonat | ally while chord boxes show the guitar vertically |
| The r | numbers on TAB show which frets to press down |
| The r | numbers on chord boxes say which fingers to use |
| 01 | n TAB you only play the strings with numbers on |
| On chord boxes you | play all strings, unless they have a 'x' above them |
| Chords are generally played by which guitarist? | |
| | Rhythm guitar |
| Riffs are played by which guitarists? | |
| | Bass & lead guitars |
| What are the names of the strings (from thickest to thinne | st)? |
| E – A – D - | - G – B – E (Eddie Ate Dynamite Good Bye Eddie) |



YEAR & __ MICHAELMAS TERM- ART __FORMAL ELEMENTS

A. Key Terms

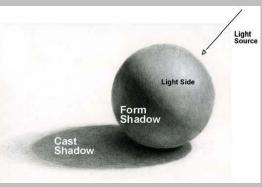
| Keyword | Description |
|----------------|---|
| 1. Tone | This refers to the lightness or darkness of something. This could be a shade or how dark or light a colour appears. Tones are created by the way light falls on a 3D object. The parts of the object on which the light is strongest are called highlights and the darker areas are called shadows . |
| 2. Texture | This is to do with the surface quality of something, the way something feels or looks like it feels. There are two types of texture: Actual texture really exists, so you can feel it or touch it; Visual texture is created using marks to represent actual texture. |
| 3. Pattern | A design that is created by repeating lines, shapes, tones or colours. The design used to create a pattern is often referred to as a motif . Motifs can be simple shapes or complex arrangements |
| 4. Media | The materials and methods used to produce a piece of art or design. |
| 5. Composition | how objects or figures are arranged in the frame of an image |
| 6. Annotation | Key information alongside your work. A record of your experiences, thoughts and emotions connected to an image. |
| 7. Refinement | Developing your idea or image |

B. Command Words

| Keyword | Description |
|-------------|--|
| 8. Study | To examine, consider, investigate, research and show an in-depth understanding of what you have found or experienced. |
| 9. Explore | To investigate, examine and look into with an open mind about what might be found and developed. |
| 10. Create | To conceive, make, craft or design something new or invent something. |
| 11. Analyse | To examine in depth, study thoroughly, question, investigate and consider your own opinion or visual investigation of something |

LEARNING - LOVING - LIVING

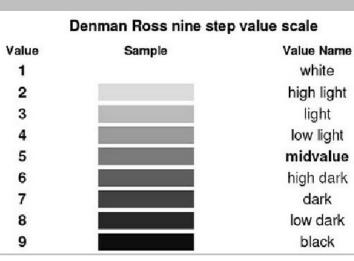
D. Tonal Shading



13. Cast Shadow: The shadow created by an object14. Form Shadow: The shadow on an object15. Light Side: The area of an object with the most light

16. Light Source: The Direction of the light in an image.

C. Value Scale



12. This is called a **tonal scale**. You will need to identify different light and dark values.

YEAR & — MICHAELMAS TERM- FOOD AND NUTRITION - DIET & NUTRITION

1.

2.

3.

Key words: Nutrients and Eatwell Guide

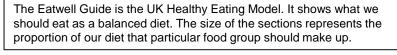
- Wholegrain All parts of the cereal grain is used. 1.
- 2. Nutrient - Chemical in food that give nourishment.
- 3. Energy – the strength needed for physical effort 4. Immune system – the body's defence against
- infectious diseases
- 5. Clotting – the process that blood undergoes to prevent bleeding
- Antioxidant a molecule that is able to stop the 6. oxidation process in other molecule
- 7. Haemoglobin - a protein responsible for transporting oxygen in the blood 8.
- Saturated fats Type of fat mostly from animal sources
- 9. Absorb - to take in or soak up
- Maintenance- routines that are necessary for 10. keep the body in good health.
- 11. Diabetes- a condition that causes a person's blood sugar level to become too high.
- 12. Obesity- diet related disease where the body contains too much stored fat.
- 13. Cardiovascular disease (CHD)- The narrowing of the arteries that supply your heart with oxygen rich blood, due to the build up of fatty deposits within the artery walls
- 39% Fruits & Vegetables 1. Eat 5
- portions s a day!
- 2. Choose a variety
- 3. Provides fibre for healthy
- digestion Provides Fat loss often and 4.
- vitamins and minerals

sugar are saturated fats are not part of a healthy diet and should be eaten in moderation

in small amounts

3%

- 1. increased risk of weight gain/obesity
- 2. diabetes
- 3. tooth decay cardiovascular disease (CHD)





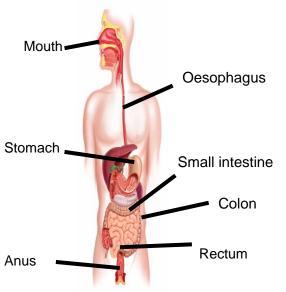
| ouiu eal as a baiailleu uiel. The size of the se | | | |
|---|--|---|---|
| oportion of our diet that particular food group s | | Nutrient | Function in the body |
| Starchy Foods Provide slow release carbohydrate used by th for energy | e body Water | 1. Macronutrient: Carbohydrates Intake (Starch, sugar, fibre) | Needed by the body because they are the main source of energy in the body for movement. Needed by the body for digestion. (fibre0 |
| Choose wholegrains for increased fibre (good digestion, reduced risk of heart disease) | 37% A balan must in water, ir required | t iS Protein | Needed by the body for growth Repair the body when it is injured Gives the body energy (only if the body doesn't have enough carbohydrates |
| Eatwell Guide Eatwell Guide to help you get a balance of healthier and hore sustainable food. Is how much of what you eat overall should come from e h food group. Choose Whole and Come from the food group. Protection of the state of t | function | er bodily IS Fat | Insulates the body from the cold and provides a 'cushion' to protect bones and organs such as the kidneys The body breaks down the fat stores to release energy Vitamins A, D, E and K are fat soluble vitamins so are |
| | to a total of | s ovide fat 1. Micronutrient: | Stored in our body fat and released when needed. Maintains normal vision Good maintenance of skin and the mucus membranes |
| | vita | Amins | Helps with a healthy immune function Fat soluble Absorption and use of calcium |
| Red * | 2. Ar | 2. Micronutrient: e high in lories & | Maintenance and strength of bones and teeth Fat soluble |
| | 19/ en | ergy so ep use Vitamin E | Antioxidant that helps protect cell membranes Maintains healthy skin and eyes Fat soluble |
| Trans. Hitting of the second s | to | 4. Vitalilli K | Normal clotting of the blood Fat soluble |
| | 8 spreads un | nimum oose 1. Micronutrient: saturate Vitamin B complex | Healthy nervous system Energy release from foods Water soluble |
| Concerning the damp of the second se | oliv | ve oil 2. Micronutrient: Vitamin C | Absorption of iron Production of collagen that binds connective tissues An antioxidant Water soluble |
| 12% Beans, Pulses, Eggs, Meat, Fish 1. Provide protein for growth, repair and maintenance of body cells | iry Foods Provide calcium for healthy bones, tee | calcialit | Strengthens bones and teeth Bones are able to reach peak bone mass Clots blood after injury Promotes nerves and muscles to work properly |
| Choose a combination of plant proteins Avoid eating too much processed meat like bacon and sausages nails The box D to abs effective | | /itamin 2. Mineral | Supports the production of haemoglobin in red blood Helps transport oxygen around the body Vitamin C is required for absorption of iron |

YEAR & __ MICHAELMAS TERM- FOOD AND NUTRITION - DIET & NUTRITION

| 10101 0 11 | | |
|------------|-----------------|---|
| | Keyword | Definition |
| 1 | Gluten | A protein found in wheat flours, that makes the dough elastic |
| 2 | Coeliac disease | An intolerance to Gluten which causes the inflamation of the intestine walls and |
| | | damage them making nutrient absorbtion more difficult for the body |
| 3 | Amylase | Releases when starch is heated and enables sauces to thicken |
| 4 | Viscosity | The thicknes of a liquid |
| 5 | Gelatinisation | When starch particles swell and burst, thickening a liquid |
| 6 | Durum wheat | A yellowy, high-protein wheat that is grown especially for making pasta |
| 7 | Milling | The process which separates the different parts of the grain |
| 8 | Semolina | A coarse-ground flour which comes from wheat |
| 9 | Whole grain | The whole seed in its natural state, none of the layers have been removed |
| 10 | Gluten -free | Products which does not have any wheat, rye, barley and sometimes oats |
| 11 | Al dente | 'Firm to the bite' describes the texture of pasta |
| 12 | Extraction Rate | The keyword for how much of the orginal wheat grain is in the flour and used in products |
| 13 | Fermentation | A chemical breakdown of sugar to acid, gas or alcohol by bacteria, yeasts or other |
| | | microorganisms |
| 14 | Proving | When bread is left to rest in a warm, damp environment to enable fermentation |
| 15 | Germ | Part of the grain which provides fat and B vitamins, it is also used to grow new plants |
| 16 | Glutenin and | The two names of the proteins which are kneaded and stretched in the production of |
| | Gliadin | bread. |
| 17 | Harvesting | The process of gathering or reaping crops |
| 18 | Knocks back | To re-knead the dough which knocks out some of the carbon dioxide allowing the |
| | | yeast to produce more carbon dioxide |
| 19 | Starch | A polysaccharide and a complex carbohydrate |
| 20 | Strong flour | A type of flour with the highest gluten content |
| 22 | Unleavened | Refers to bread, cake and biscuits made without raising agents |
| 23 | White flour | Contains just the endosperm, the bran and the germ have been removed |
| 24 | Yeast | A microorgnaism belonging to the fungi family, made up of single oval cells that reproduce by budding, this means they multiply and the one cell divides into two |
| 25 | Weevils | Tiny black bugs that can live and breed in flour |

LEARNING - LOVING - LIVING

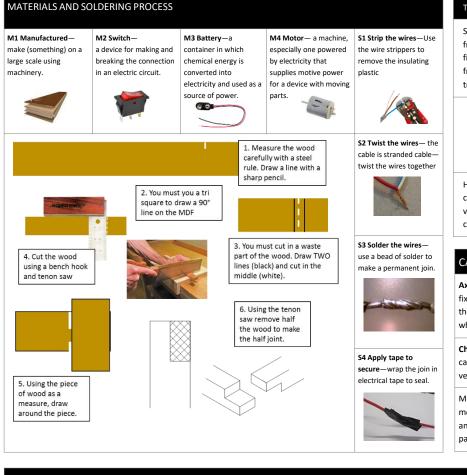
The digestion process



The gastrointestinal (GI) tract comprises:

- mouth;
- oesophagus;
- stomach;
- small intestine duodenum, jejunum and ileum;
- liver and gall bladder;
- pancreas;
- colon
- anus.

YEAR & — MICHAELMAS TERM- ENGINEERING



| (T) TOOLS AND EQUIPMENT | | | |
|-----------------------------|--------------------------------|-------------------------------|-----------------------------|
| Coping saw – cutting curves | Tenon Saw – cutting straight | Bench hook – holding wood | Glass paper – file filing |
| | HOWNEL, 172 403 sensitivity | | |
| Hand file – rapid filing | Pillar drill – making holes | Steel rule – accurate measure | Disc sander – rapid sanding |
| | | | 5 |

Types Of Wood

Softwood—noun The wood from a conifer (such as pine, fir, or spruce) as distinguished from that of broadleaved trees.



Hardwood-noun The hard, compact wood or timber of various trees, as the oak, cherry, maple, or mahogany.

CAR PARTS

Axel - a rod or spindle (either fixed or rotating) passing through the centre of a wheel or group of wheels.

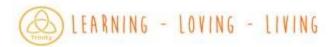
Chassis - the base frame of a car, carriage, or other wheeled vehicle.

Motor - a machine that supplies motive power for a vehicle or for another device with moving parts.

| 0 | K | Du | rability | The ability to withstand wear, pressure, or damage. |
|---|------------|--|--|--|
| _ | | | | |
| U | nderstar | nd tł | ne making Pro | cess |
| 1 | Preparatio | on | Drawing, CAD, sketches, plans. | |
| 2 | Marking (| Dut | Pencil, scribe, steel rule, tri square, marking gauge, calipers, centre punch. | |
| 3 | Modificat | odification Saw, jigsaw, scroll saw, laser cutter, pliers, hammer, drill, file, glas paper. | | ll saw, laser cutter, pliers, hammer, drill, file, glass |
| 4 | Joining | | Riveting gun, spa gun. | nner, screwdriver, hot glue, gun , soldering iron, nail |

| Finishing | Hand sander, glass paper, disc sander, buffing wheel, polish, spray paint, varnish. |
|-----------|---|
| | |

| Health & Safety Legislation | | | | | |
|-----------------------------|------------|------------|--------------|-----------------|--|
| Health and | Personal | Manual | Control of | Reporting of | |
| Safety at work | Protective | Handling | Substances | Injuries RIDDOR | |
| Act | Equipment | Operations | Hazardous to | | |
| | | | Health | | |
| | | | | | |



To be able to soak up liquid easily.

withstand great force or pressure.

The ability of an object or material to

resume its normal shape after being

The quality of being easily shaped or

shape without breaking or cracking.

To be able to be hammered or pressed into

The quantity of mass per unit volume of a

The degree to which something is successful

in producing a desired result; success.

moulded.

substance

stretched or compressed; stretchiness.

The capacity of an object or substance to

Properties and characteristics of materials

Absorbency

Strength

Elasticity

Plasticity

Malleability

Density

5

Effectiveness

| ~ ~ |
|------|
| -4/1 |
| 37 |

<u>YEAR & — MICHAELMAS TERM- SPANISH- VIVALIBRO2— MOD1. VOCABULARY MIS VACACIONES</u>



Semana 5

| Semana 1 | |
|----------------------------------|------------------------------|
| | |
| De vacaciones | On holiday |
| ¿Adónde fuiste de vacaciones? | Where did you go on holiday? |
| el año pasado | last year |
| el verano pasado | last summer |
| Fuia | I went to |
| Escocia | Scotland |
| España | Spain |
| Francia | France |
| Gales | Wales |
| Grecia | Greece |
| Inglaterra | England |
| Irlanda | Ireland |
| Italia | Italy |
| ¿Con quién fuiste? | Who did you go with? |

Semana 2

| Fui con | I went with |
|-----------------------|-------------------------|
| mis amigos/as | my friends |
| miclase | my class |
| mi familia | my family |
| mis padres | my parents |
| ¿Cómo fuiste? | How did you get there? |
| Fui/Fuimos en | I/We went by |
| autocar | coach |
| avión | plane |
| barco | boat/ferry |
| coche | car |
| tren | train |
| No fui de vacaciones. | l didn't go on holiday. |
| | |

¿Cuándo? When? el último día luego then on the last day más tarde later otro día another day después por la mañana afterwards in the morning el primer día on the first day por la tarde in the afternoon

Semana 6

| ¿Cómo te fue? | How was it? | | |
|------------------|--------------------|--------------------------|-------------------------|
| Fue divertido. | It was fun/funny. | Me gustó. | l liked (it). |
| Fue estupendo. | It was brilliant. | Me encantó. | lloved (it). |
| Fue fenomenal. | It was fantastic. | ¿Por qué? | Why? |
| Fue flipante. | It was awesome. | porque | because |
| Fue genial. | It was great. | Hizo buen tiempo. | The weather was good. |
| Fue guay. | It was cool. | Comí algo malo y vomité. | I ate something bad and |
| Fue regular. | It was OK. | | vomited. |
| Fue un desastre. | It was a disaster. | Llovió. | Itrained. |
| Fue horrible. | It was horrible. | Perdí mi pasaporte/ | I lost my passport/ |
| Fue horroroso. | It was terrible. | mi móvil. | my mobile. |
| Fue raro. | It was weird. | | |

Semana 3

| Exclamaciones | Exclamations | |
|-----------------|-----------------------|----------------|
| iQué bien! | How great! | iQué aburrido! |
| iQué bonito! | How nice! | iQué horror! |
| iQué divertido! | What fun!/How funny! | iQué lástima! |
| iQué guay! | How cool! | iQué mal! |
| iQué rico! | How tasty! | iQué rollo! |
| iQué suerte! | What luck!/How lucky! | |

How boring! How dreadful! What a shame! How bad! How annoying!

Semana 4

¿Qué hiciste? What did you do?

| ¿Qué hiciste en tus | What did you do on your | No nadé en el mar. | I didn't swim in the sea. |
|-----------------------|-------------------------|-----------------------------|-----------------------------|
| vacaciones de verano? | summer holiday? | El último día de tus | What did you do on the |
| Bailé. | I danced. | vacaciones, ¿qué hiciste? | last day of your holiday? |
| Compré una camiseta. | I bought a T-shirt. | Bebí una limonada. | I drank a lemonade. |
| Descansé en la playa. | I relaxed on the beach. | Comí paella. | l ate paella. |
| Mandé SMS. | I sent texts. | Conocí a un chico/a | I met a cute boy/girl. |
| Monté en bicicleta. | I rode my bike. | guapo/a. | |
| Nadé en el mar. | I swam in the sea. | Escribí SMS. | I wrote texts. |
| Saqué fotos. | I took photos. | Salí con mi hermano/a. | I went out with my |
| Tomé el sol. | I sunbathed. | | brother/sister. |
| Visité monumentos. | I visited monuments. | Vi un castillo interesante. | I saw an interesting castle |

| Palabras muy | freeventes High-fre | equency words | |
|--------------|---------------------|---------------|-------------------|
| a/al/ala | to (the) | ¿Dónde? | Where? |
| en | by | ¿Adónde? | Where to? |
| con | with | iQué! | How! |
| mi/mis | my | además | also, in addition |
| ¿Cómo? | How? | pero | but |

Estrategia 1 Looking up new words

Dictionaries can tell you a lot about new words. Most of them use these abbreviations: nm, nf, adj, vt, prep, adv. For example, nm tells you a word is a masculine noun; vt tells you it's a verb. What do you think the others tell you?

Look up the words below in a dictionary. (They are all used in Module 1.) Note down what each word means and what sort of word it is.

ina

Example: espada -- sword (noun)

| espada | | sombrero |
|-----------|---|-------------|
| descansar | | solamente |
| rico | • | ganar |
| salir | | chocolatina |

<u>YEAR & — MICHAELMAS TERM- SPANISH- VIVALIBRO1— MOD1 VOCABULARY MI VIDA, MI MOVIL</u>

LEARNING - LOVING - LIVING

Semana 1

| ¿Qué haces con tu móvil? What do you do with your mobile? | | | | |
|---|-------------------------|-------------------------|--------------------------|--|
| Chateo con mis amigos. | I chat with my friends. | Juego. | I play. | |
| Comparto mis vídeos | I share my favourite | Leo mis SMS. | I read my texts. | |
| favoritos. | videos. | Mando SMS. | I send texts. | |
| Descargo melodías o | I download ringtones or | Saco fotos. | I take photos. | |
| aplicaciones. | apps. | Veo vídeos o películas. | I watch videos or films. | |
| Hablo por Skype. | I talk on Skype. | | | |

Semana 2

¿Con qué frecuencia? How often?

| todos los días | every day | aveces | sometimes |
|-----------------------|-----------------------|----------------------|-------------------------|
| dos o tres veces a | two or three times a | de vez en cuando | from time to time |
| la semana | week | nunca | never |
| ¿Qué tipo de música | e gusta? What type of | f music do you like? | |
| elrap | rap | ¿Qué tipo de música | What type of music do |
| el R'n'B | R'n'B | escuchas? | you listen to? |
| elrock | rock | Escucho rap. | l listen to rap. |
| la música clásica | classical music | Escucho la música de | I listen to's music. |
| la música electrónica | electronic music | Escucho de todo. | l listen to everything. |
| la música pop | popmusic | | |
| | | | |

Semana 3

la

Opiniones Opinions

| Megusta (mucho) | Ilike (very much) | ¿Te gusta la música de? | Do you like's music? |
|------------------------------------|-------------------------------------|-------------------------|----------------------|
| Me encanta | Hove | Me gusta la música de | Hike's music. |
| No me gusta (nada) | l don't like (at all) | mi canción favorita | my favourite song |
| laletra | the lyrics | mi cantante favorito/a | my favourite singer |
| la melodía | thetune | mi grupo favorito | my favourite group |
| el ritmo | the rhythm | En mi opinión | In my opinion |
| porque es guay/triste/ horrible | because it is cool/sad/ terrible | | |

Semana 4

Me gustan las comedias I like comedies

| a music programme | el telediario | thenews |
|--------------------|---|--|
| a sports programme | másque | more than |
| a game show | divertido/a | funny |
| a documentary | informativo/a | informative |
| a reality show | interesante | interesting |
| a comedy | aburrido/a | boring |
| a police series | emocionante | exciting |
| a soap opera | | |
| | a sports programme a game show a documentary a reality show a comedy a police series | a sports programmemás quea game showdivertido/aa documentaryinformativo/aa reality showinteresantea comedyaburrido/aa police seriesemocionante |

Semana 5

| ¿Qué hiciste ayer? | What did you do yesterday? | | |
|------------------------|----------------------------|-------------------------|-----------------------------|
| Bailé en mi cuarto. | I danced in my room. | Vi una película. | I watched a film. |
| Fui al cine. | I went to the cinema. | Salí con mis amigos/as. | I went out with my friends. |
| Hablé por Skype. | I talked on Skype. | No hice los deberes. | I didn't do my homework. |
| Hice gimnasia. | I did gymnastics. | ayer | yesterday |
| Hice kárate. | l did karate. | luego | later, then |
| Jugué en línea con mis | I played online with my | por la mañana | in the morning |
| amigos/as. | friends. | por la tarde | in the afternoon |
| Jugué tres horas. | I played for three hours. | un poco más tarde | a bit later |
| Monté en bici. | I rode my bike. | | |

Semana 6

| Palabras muy frequency words | | | |
|------------------------------|-----------|---------|-----------|
| asíque | so(that) | nunca | never |
| más que | more than | 0 | or |
| mi/mis | my | porque | because |
| su/sus | his/her | también | also, too |
| normalmente | normally | у | and |
| no | no/not | | |

Estrategia 2

The gender of nouns

You can often work out whether a noun is masculine or feminine by looking at the ending of the word:

Most nouns ending in **-o**, **-or** and **-ón** are masculine. Most nouns ending in **-a**, **-dad**, **-ión** and **-ción** are feminine.

But be careful! There are exceptions, for example:

el problema, la foto

To check, use a dictionary: look for the abbreviations nm (masculine noun) and nf (feminine noun).

Can you work out the gender of these nouns from Module 2 without using a dictionary?

| • | actividad | canció | ón |
|---|------------|----------------------------|------|
| • | concurso | amigo | 1 |
| • | televisión | aplica | ción |
| • | música | millón | |
| 5 | | | |

YEAR & — MICHAELMAS TERM — FRENCH - STUDIO2RED - T'ES BRANCHÉE

À la télé • On TV

je regarde ... les dessins animés les documentaires les émissions de sport les émissions de télé-réalité les émissions musicales les infos les jeux télévisés la météo les séries les séries policières les séries américaines Mon émission préférée, c'est... j'adore j'aime bien je n'aime pas je ne regarde jamais

cartoons documentaries sports programmes reality TV shows music shows the news aame shows the weather series police series American series My favourite programme is ... **Hove Hike** I don't like I never watch

I'm reading ...

a comic book

a horror story

a book on animals

a magazine about

celebrities

a fantasy novel

a manga

a thriller

a love story

Semaine 3

je ne rate jamais

| Qu'est-ce que tu | is? • What are you |
|------------------|---------------------------|
| | reading? |

ie lis ... une BD un livre sur les animaux un livre d'épouvante un magazine sur les célébrités un manga un roman fantastique un roman policier un roman d'amour

Semaine 1

I watch ...

Les films • Films j'aime ... je suis fan de ... j'ai horreur des ... je déteste ... les comédies les films d'action les films d'amour les films d'horreur les films de I never miss

Semaine 2

I like ... I'm a fan of ... I'm not a fan of ... je ne suis pas fan de ... j'ai une passion pour les ... I have a passion for ... I really dislike ... I hate ... comedies action films romantic films les films d'arts martiaux martial-arts films les films d'aventure adventure films les films fantastiques fantasy films horror films science-fiction films science-fiction mon acteur préféré, my favourite actor is ...

mon film préféré, c'est ... my favourite film is ...

Semaine 4

Les opinions • Opinions

c'est...

génial

nul

idiot

à mon avis, c'est ... in my opinion, it's ... I think it's ... je pense que c'est ... I find it ... je trouve ça ... amusant funny assez bien quite good boring barbant excellent chouette effrayant frightening émouvant moving ennuyeux boring great intéressant interesting rubbish passionnant exciting pratique practical stupide stupid formidable great stupid

Semaine 5

Sur Internet On the internet

| J'envoie des e-mails. | I send emails. |
|------------------------------|-----------------------|
| Je fais beaucoup de | I do lots of things. |
| choses. | |
| Je fais des recherches | I do research for my |
| pour mes devoirs. | homework. |
| Je fais des achats. | I buy things. |
| Je fais des quiz. | I do quizzes. |
| Je joue à des jeux en ligne. | I play games online. |
| Je mets à jour ma page | I update my homepa |
| perso. | |
| Je vais sur mes sites | I go onto my favourit |
| préférés. | sites. |
| Je vais sur des blogs. | I go onto blogs. |
| Je vais sur des forums. | l go onto forums. |

Semaine 7

| Les mots essentiels • High-frequency | |
|--------------------------------------|-----------------------|
| | words |
| assez | quite |
| aussi | also |
| car | because |
| comme | as |
| et | and |
| mais | but |
| très | very |
| un peu | a bit |
| parce que | because |
| par exemple | for example |
| surtout | above all |
| Expressions of time and | frequency |
| d'habitude | usually |
| de temps en temps | from time to time |
| en ce moment | at the moment |
| quelquefois | sometimes |
| souvent | often |
| tous les jours | every day |
| une ou deux fois par mois | once or twice a month |
| Sequencers | |
| après (le dîner) | after (dinner) |
| avant (de me coucher) | before (I go to bed) |
| d'abord | first |
| ensuite | next |
| puis | then |
| un peu plus tard | a bit later |
| + vocabulary learnt | in the half term |

Hier soir • Last night

🛇) LEARNING – LOVING – LIVING

J'ai discuté. J'ai écouté la radio. J'ai envoyé des SMS. J'ai joué à des jeux en ligne. J'ai posté des photos. e mv homepaae. J'ai regardé la télé/des o my favourite clips vidéo. J'ai surfé sur Internet. J'ai tchatté sur MSN. J'ai téléchargé des chansons.

Semaine 6

I discussed/chatted. I listened to the radio. I sent text messages. I played games online.

I posted photos. I watched TV/video clips. I surfed the net. I chatted on MSN. I downloaded some songs.

o famous French people speaking English. They use French intonation too. when they're speaking English. They use Fr and down when you string words together. to famous One way of improving your French pronunciation is to l English. They often use French sounds when they re sp Intonation is the way the voice goes up and down wher

listen 1

mproving your pronunciation

try speaking French with the English in a French accent to your really gets on their nerves, speaking English? Why not speak can't complain about that! whole lesson. If this person teacher Can you imitate a French it up for a Your ceacher? Keep same accent.

YEAR & — MICHAELMAS TERM — FRENCH - STUDIO2RED - PARIS, JE T'ADORE



À Paris • In Paris

J'ai gagné un concours. J'ai passé une semaine à Paris. J'ai visité la tour Eiffel. J'ai mangé au restaurant. J'ai admiré la Pyramide du Louvre. J'ai regardé le feu d'artifice. J'ai acheté des souvenirs. I bought some J'ai rencontré un beau garçon/une jolie fille. J'ai envoyé des cartes postales. J'ai pris des photos. J'ai vu la Joconde. J'ai attendu le bus. J'ai très bien dormi. Je n'ai pas visité Notre-Dame. On a fait les magasins. On a bu un coca. On a fait un tour de la ville en segway. On a fait une balade en bateau-mouche.

I won a competition. I spent a week in Paris. I visited the Eiffel Tower. late in a restaurant. I admired the Louvre Pyramid. I watched the fireworks. souvenirs. I met a good-looking boy/a pretty girl.

Semaine 1

I sent some postcards. I took some photos. Isaw the Mona Lisa. I waited for the bus. I slept very well. I didn't visit Notre-Dame. We went shopping. We drank a cola. We did a tour of the town by segway. We went on a boat trip.

Semaine 5 Tu as voyagé comment? • How did you Semaine 2 **Quand?** • When? travel? aujourd'hui today en avion by plane Un voyage • A journe hier yesterday en bus by bus Je suis allé(e) (à Paris) en car by coach avant-hier the day before Je suis parti(en métro by underground vesterday à (dix heu en train by train (mardi) dernier last (Tuesday) Le train est p en voiture by car à (huit he C'était comment? • What was it like? à vélo by bicycle Je suis sorti(C'était... à pied It was ... on foot Je suis resté J'ai trouvé ça ... I found it ... (chez mo bien good Je suis rentre bizarre weird (chez moi). cool cool Je suis monté(e). cher expensive effrayant scary ennuyeux boring fabuleux wonderful/fantastic Semaine 7 génial great Qui a volé la Joconde? • Who stole the à quelle heure? horrible horrible/terrible Mona Lisa? quand? interesting intéressant combien? funny/a laugh marrant When did you visit the Tu as visité le Louvre rubbish combien de temps? nul guand? Louvre? comment? Ce n'était pas mal. It wasn't bad. Tu es allé(e) avec qui? Who did you go with? où? Tu es allé(e) comment? How did you get there? qui?

Semaine 3

C'était comment? • What was it like?

| C'était | It was |
|---------------------|---------------------|
| J'ai trouvé ça | I found it |
| bien | good |
| bizarre | weird |
| cool | cool |
| cher | expensive |
| effrayant | scary |
| ennuyeux | boring |
| fabuleux | wonderful/fantastic |
| génial | great |
| horrible | horrible/terrible |
| intéressant | interesting |
| marrant | funny/a laugh |
| nul | rubbish |
| Ce n'était pas mal. | It wasn't bad. |
| | |

Semaine 4

touristiques • Tourist information

Des informations

horaires d'ouverture

ouvert du (mardi) au

(dimanche)

de 10h00 à 17h00

jours fériés)

tarifs d'entrée

visites guidées

(pas de) toilettes

plein tarif

tarif jeune

fermé (le lundi et les

jusqu'à 13 ans)

opening times open from (Tuesday) to (Sunday) from 10 a.m. to 5 p.m. closed (on Mondays and bank holidays) admission prices full price price for young people free (for children up to gratuit (pour les enfants 13 years old) guided tours (no) toilets

Les mots essentiels • High-frequency words at what time? when? how much/how many? how long? how? where? who? Tu es arrivé(e)/parti(e) At what time did you avec qui? who with? à quelle heure? arrive/leave? alors so. therefore Après, tu es allé(e) où? Afterwards, where did so, therefore donc you go? car because Tu es resté(e) combien How long did you stay? parce que because de temps? dernier/dernière last Qu'est-ce que tu as fait? What did you do? beaucoup (de) a lot (of) Est-ce que tu as volé Did you steal the d'abord first of all la Joconde? Mona Lisa? ensuite next

après

finalement

When you have to learn less than 10 words, you can expect the test to ask for vocabulary from the previous week(s).

| e) (a Paris). | l went (to Paris). |
|---------------|---------------------------|
| (e)/arrivé(e) | I left/arrived at |
| ıres). | (ten o'clock). |
| oarti/arrivé | The train left/arrived at |
| ures). | (eight o'clock). |
| (e). | I went out. |
| (e) | l stayed (at home). |
| i). | |
| é(e) | I went/got home. |
| i) | |

I went up.

afterwards

finally

Semaine 6

Is send the Denie

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MICHAELMAS TERM- PSHE -BRITISH VALUES

💩 LEARNING - LOVING - LIVING

| Key term | Definition | | |
|------------------------|---|------------------|---|
| 1. Democracy | a system of government which allows citizen (18+) to vote and take part in how the count run. | | Why do you need to Know British Values? Understanding British values are the key values that are believed to be fundamental to being a British citizen and for life in modern British |
| 2. Tolerance | the ability or willingness to accept the existe of opinions or behaviour that one dislikes or disagrees with. | | society. There are 5 fundamental British Values. The UK government have been promoting British Values, especially in schools, for over 10 years. The goal is through understanding the British values of |
| 3. Liberty | the state of being free within society from har restrictions imposed by authority on one's w life, behaviour, or political views. | | Democracy, the Rule of Law, Individual Liberty, Mutual Respect, and Acceptance for those with different faiths and beliefs, all citizens will develop self-knowledge, be better able to make the right choices and make contributions to the school and the wider community creating |
| 4. Law | Rules made by Parliament and enforced by t courts. | he | social cohesion. |
| 5. Respect | Treating a person or their feelings with consideration. | | Democracy |
| 6. Golden rule | Treat others as you would like to be treated. | | In the United Kingdom we vote (age 18 +) for the people we want to run our councils and Government. We vote for Members of Parliament |
| 7. Nationalism | A strong feeling or belief in the rightness of a country. | ones | (MP's). Elections take place at least once every 5 years. In our democracy there are political parties. At the time of writing the |
| 8. House of Commons | The more powerful of the two parts of the B Parliament. The members are elected by the public. | | political party who has the majority of MP's in Parliament is the Conservative Party. Labour are currently the opposition Party. MP's debate in the Palace of Westminster, in the House of Commons . On the opposite side of the Building is the House of Lords. The House of Lords |
| 9. Bill | A proposal to change something into law. | | (unelected members) ratify law and policies put forward by parliament. |
| 10. Social Cohesion | Shared sense of belonging for all groups in society. | | Where can I see British Values at School? Democracy – Student voice and prefects. |
| at | body of people elected to manage the ffairs of a city, county, or other municipal istrict | 13. policies | a course or principle of action adopted or proposed by an organization or individual |
| CC | gn or give formal consent to (a treaty, ontract, or agreement), making it officially alid | 14. political | relating to the government or public affairs of a country |



MICHAELMAS TERM- PSHE - BRITISH VALUES

| Key term | Definition |
|-----------------------|--|
| | |
| 15. consequences | a result or effect, typically one that is unwelcome or unpleasant. |
| 16. principle | a rule or belief governing one's behaviour |
| 17. accountable | required or expected to justify actions or decisions; responsible |
| 18. institution | an organization founded for a religious, educational, professional, or social purpose |
| 19. reconciled | restore friendly relations between |
| 20. extremist | a person who holds extreme political or religious views, especially one who advocates illegal, violent, or other extreme action |
| 21. discrimination | the unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, or sex |
| 22. dignity | the state or quality of being worthy of honour or respect |
| 23. reciprocated | respond to (a gesture or action) by making a corresponding one |
| 24. radicalised | advocating or based on thorough or complete political or social change; representing or supporting an extreme or progressive section of a political party |
| 25. ethnicity | the fact or state of belonging to a social group that has a common national or cultural tradition |

The rule of law

In the UK, we have laws which determine what is legal and illegal. You are expected to know the difference between right and wrong. There are **consequences** for making the wrong choice or taking illegal actions. We all take responsibility for our actions. The rule of law is a principle that individuals and **institutions** are subject and **accountable** to, which is fairly applied and enforced.

Where can I see British Values at School? Rule of Law – Our Behaviour Systems and Behaviour Policy. We have agreed rules and expectations so that our school is a safe and happy place where all differences are **reconciled** peacefully and learning can take place.



Individual liberty

In the UK you are free to have an opinion (unless it is **extremist**) and believe in what you want without **discrimination**.

Where can I see British Values at School? Mutual Respect – Our school ethos of being outstanding Trinitarians encourages us to show respect, anti-bullying and assemblies. Boundaries are used to ensure you are safe.

The acceptance and tolerance of those with different faiths and beliefs and for those without faith.

Mutual Respect and Tolerance are the proper regard for an individuals' **dignity**, which is **reciprocated**, and a fair, respectful and polite attitude is shown to those who may be different to ourselves. We are to protect one another and to tackle 'extremist' views and prevent people from being **radicalised**. Differences in terms of faith, **ethnicity**, gender, sexuality, age, young carers and disability, are differences that should be respected, tolerated and celebrated.

Where can I see British Values at School? Acceptance of differences – Assemblies, RE, Citizenship and PSHE Lessons. As a Christian school we following the teaches of Jesus who said we should 'love thy neighbours' We give you messages of tolerance and respect for others no matter what their ethnicity, beliefs, sexuality, gender or disability.