

## The Senior Therapist

Senior Therapists within Family Thrive work alongside Family Practitioners to provide direct short term therapeutic interventions to children, young people and families, including undertaking joint intervention sessions with families and Family Practitioners.

Senior Therapists contribute to the Early Help Assessment and Team Around the Family and can provide a therapeutic perspective to interventions with families.

## Where can I find out more?

Where it is thought that intensive support is required, a referral to MASH should be completed with informed consent from the family on 020 8314 6660 or visit [lewisham.gov.uk/myservices](http://lewisham.gov.uk/myservices)

For more information and contact details for the Hub managers please call the Family Thrive duty line 020 8314 7333 or email at [FamilyThrive@lewisham.gov.uk](mailto:FamilyThrive@lewisham.gov.uk)

Each area has its designated Early Help Coordinator. To contact an EHC email: [EHCFamilyThrive@lewisham.gov.uk](mailto:EHCFamilyThrive@lewisham.gov.uk)

## Lewisham areas

### Area 1

Brockley  
Deptford  
Evelyn  
New Cross Gate  
Telegraph Hill

### Area 2

Blackheath  
Crofton Park  
Ladywell  
Lee Green  
Lewisham Central  
Rushey Green



### Area 4

Bellingham  
Forest Hill  
Perry Vale  
Sydenham

### Area 3

Catford South  
Downham  
Grove Park  
Hither Green

# Family Thrive Information for professionals



Right support at the right time  
for Lewisham's Children, Young  
People and Families



Lewisham  
Safeguarding  
Children Board



## Family Thrive, Targeted Early Help

Family Thrive is part of the wider Early Help offer within Lewisham, which includes a universal offer for all children, young people and families in Lewisham through children's centres, youth hubs and community and voluntary organisations.

Family Thrive is a consent based Targeted Early Help Service. Family Thrive provides intensive family support by working closely with partners to support the most vulnerable children, young people and families with complex needs who require additional and intensive support with a focus on delivering better outcomes. Family Thrive is delivered through a Hub model, organised by four areas with operational delivery managed by two Hub Managers.

### The Family Thrive Service offers:

- Advice and support to partners around referrals and early help services
- Intensive targeted family support
- Therapeutic intervention
- Parenting groups around targeted parenting needs.



## The Family Practitioner

If a family is allocated to work with a Family Practitioner, they will receive focused targeted support to improve outcomes, address challenges, reduce risks to children and enable families to sustain change.

The Family Practitioner will undertake an Early Help Assessment and contribute to outcome-focused plans in line with Signs of Safety and in a way that promotes holistic and family led planning.

The Family Practitioner will be the lead professional and work alongside partner agencies as part of the multi-disciplinary Team Around the Family ensuring that each service is contributing to achieving the best outcomes for children, young people and families.

### They will:

- Complete an Early Help Assessment with children, young people and families
- Chair a Team Around the Family meeting and develop an outcomes-focused family plan
- Provide targeted parenting support and undertake direct work with children and young people.



## The Early Help Coordinator

The role of the Early Help Coordinator is to develop relationships with partners such as schools, health, Children's Centre's, youth services etc. and to ensure there is strong collaborative working to achieve positive outcomes for families.

Early Help Coordinators will support partners in their work with families and can act as a first point of contact for partners seeking advice .

The Early Help Coordinators will also sit within the Multi-Agency Hub (MASH), alongside Children's Social Care and other partners to provide advice and guidance when referrals do not meet specialist or statutory thresholds, and liaising with partners to ensure early help is in place for children, young people and families.

### They can:

- Advise you of services within Lewisham that children, young people and families can access that are most appropriate
- Support you to convene a TAF and develop a clear action plan with clarity of roles and responsibilities of every member of the TAF
- Provide training and development in the use of an Early Help Assessment.