Your Wellbeing Ambassadors are



Benjamin Ackah Akakpo



Tiani Aris Osula



Michael Salisu



Faith Dasho



Kate Lindsey



Leah Osei



Hannah Quirk



Kayden Walters



Favour Isaac



Teniola Komolafe



Chenaiqwa Oroleye



There are plenty of different types of support out there and our team of Wellbeing Ambassadors can help you access them.

Our Wellbeing Ambassadors are a point of contact if you or someone you are concern about is experiencing a mental health issue or is in emotional distress. The ambassadors are not therapists or psychiatrists, but they can give you initial support and signpost you to appropriate help if required.

If you have any questions or enquiries, please speak with one of the team.

Learning - Loving - Living