



TRINITY LONG TERM PLANNING POLICY

<i>Date Governor Approval</i>	<i>Date of next review</i>	<i>Notes</i>
July 2019	2020	Governor approval
May 2021		Governor approval





At Trinity, RSE is taught through the PSHEE program of study which is integral to our Personal Development program. PSHEE is taught through our main curriculum, as weekly designated PSHEE lessons and through our half termly Personal Development curriculum days.

Long Term Planning: PSHEE Trinity in line with statutory Relationships education, relationships and sex education (RSE) and health education

	M1 Health & wellbeing	M2 Living in the wider world	L1 Relationships	L2 Health & wellbeing	T1 Relationships	T2 Living in the wider world
Year 7	Transition to secondary school Diet, exercise and how to make healthy choices	Enterprise skills and introduction to careers Challenging career stereotypes and raising aspirations	Diversity, prejudice and bullying including cyber bullying Managing on- and off-line friendships	The risks of alcohol, tobacco and other substances Managing puberty and the issues of unwanted contact and FGM	Self-esteem, romance and friendships Exploring family life	Making ethical financial decisions Saving, spending and budgeting our money DEMENTIA PROJECT
Year 8	First aid and personal safety, focusing on road safety Alcohol and drug misuse and managing peer influence	Rights and responsibilities in the community Tackling age and disability	Tackling racism and religious discrimination, promoting human rights Online safety and digital literacy	Mental health and emotional wellbeing, including body image Identifying learning strengths, setting goals, GCSE options process	Introduction to sexuality and consent Introduction to contraception including condom and the pill	Evaluating value for money in services Risks and consequences making financial decisions
Year 9	Peer pressure, assertiveness and risk, gang crime Dieting, lifestyle balance and unhealthy coping strategies	Understanding careers and future aspirations Managing change and loss	Managing conflict at home and the dangers of running away from home Tackling homophobia, transphobia and sexism	Managing peer pressure in relation to illicit substances Assessing the risks of drug and alcohol abuse and addiction	Relationships and sex education including healthy relationships and consent The risks of STIs, sexting and pornography	Preparation for work experience Understanding the causes and effects of debt
Year 10	Developing study habits Mental health and ill health, tackling stigma	Understanding the risks associated with gambling Evaluation of work experience and readiness for work	Tackling relationship myths and expectations Managing romantic relationship challenges including break ups	Exploring the influence of role models Evaluating the social and emotional risks of drug use	Understanding different families and learning parenting skills Managing change, grief and bereavement	British values, human rights and community cohesion Challenging extremism and radicalisation
Year 11	Promoting self-esteem and coping with stress Learning and revision skills to maximise potential	Understanding the college application process and plans beyond school Skills for employment and career progression	Personal values and assertive communication in relationships Tackling domestic abuse and forced marriage	Health and safety in independent contexts Taking responsibility for health choices	Promoting self-esteem and coping with stress	