

Fantasy Island

One-to-One Activity

Ask the young person to draw an outline for an island. The young person then draws or writes things / people that they would take to their fantasy island. This can then be used as a discussion tool.

A version of this activity can also be completed as a group.

This is useful as a 'getting to know you' or introductory session, or to discuss what is important for a young person, perhaps to get a bit more understanding of what interest them.

Good for young people who are not very communicative.

